



Lake George

(G) MOD7/8/9 Outdoor Track

Coaches:

- Garrett Smith
- Jessica Egan

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|---|--|------------|----------|--|-----------------------------------|---------------------|
| Mar 16, 2023 | Thu | Practice (Info Session/ Orientation (Optional)- This is not a Practice) | N/A | 2:40 PM | 4:00 PM | Lake George High School | | |
| Mar 20, 2023 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 21, 2023 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 22, 2023 | Wed | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 23, 2023 | Thu | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 24, 2023 | Fri | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 27, 2023 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 28, 2023 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 29, 2023 | Wed | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 30, 2023 | Thu | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 31, 2023 | Fri | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Apr 3, 2023 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Apr 4, 2023 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Apr 17, 2023 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Apr 18, 2023 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Apr 19, 2023 | Wed | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| CANCELLED Apr 20, 2023 | Thu | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Apr 20, 2023 | Thu | Regular Season | Corinth (Corinth/HL), Granville, Salem, Whitehall | 4:30 PM | | Lake George Elementary School - #8 Track | | L |
| Apr 21, 2023 | Fri | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Apr 24, 2023 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Apr 25, 2023 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Apr 26, 2023 | Wed | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| CANCELLED Apr 27, 2023 | Thu | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Apr 27, 2023 | Thu | Regular Season | Corinth (Corinth/HL), Salem, Whitehall @ Granville | 4:30 PM | | TBD | Departure Time: 3:15 PM | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|-----------------------------|--|---------------------|
| Apr 28, 2023 | Fri | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 1, 2023 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 2, 2023 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 3, 2023 | Wed | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 4, 2023 | Thu | Regular Season | Granville, Salem, Whitehall @ Corinth (Corinth/HL) | 4:30 PM | | Corinth Elementary | Departure Time: 3:15 PM | L |
| May 5, 2023 | Fri | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 8, 2023 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 9, 2023 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 10, 2023 | Wed | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 11, 2023 | Thu | Regular Season | Corinth (Corinth/HL), Whitehall, Granville @ Salem | 4:30 PM | | Salem High School | Departure Time: 3:15 PM | L |
| May 12, 2023 | Fri | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 15, 2023 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 16, 2023 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 17, 2023 | Wed | Practice (Meet - Whitehall) | N/A | 4:30 PM | 6:00 PM | TBD | Departure Point: Gym. Lobby Departure Date: May 17, 2023 Departure Time: 3:15 PM Return Date: May 17, 2023 Return Time: 6:45 PM | |
| May 18, 2023 | Thu | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| May 18, 2023 | Thu | Regular Season | Corinth (Corinth/HL), Salem, Granville @ Whitehall | 4:30 PM | | Whitehall Jr/Sr High School | Departure Time: 3:15 PM | L |
| May 22, 2023 | Mon | Practice (Modified Track Party - High School Cafeteria) | N/A | 3:30 PM | 4:30 PM | Lake George High School | | |

Date: 2024-05-10