

Coaches:

- Garrett Smith
- Jessica Egan

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | LEAGUE TRANSPORTATION / NON- LEAGUE |
|---------------------------|-------------|-------------------|---|---------------|-------------|--|---|
| Mar 18, 2024 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | |
| Mar 19, 2024 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | |
| Mar 20, 2024 | Wed | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | |
| Mar 21, 2024 | Thu | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | |
| Mar 22, 2024 | Fri | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | |
| Mar 25, 2024 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | |
| Mar 26, 2024 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | |
| Mar 27, 2024 | Wed | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | |
| Apr 9, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |
| Apr 10, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |
| Apr 11, 2024 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |
| Apr 12, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |
| Apr 15, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |
| Apr 16, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |
| Apr 17, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |
| Apr 18, 2024 | Thu | Regular Season | Corinth (Corinth/HL), Granville, Salem, Whitehall | 4:30 PM | | Lake George Elementary School - #8 Track | L |
| Apr 19, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |
| CANCELLED Apr 22, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |
| Apr 23, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |
| Apr 24, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |
| Apr 30, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|----------|-----------|---------------|-------------|--|----------------|----------------------------|
| May 1, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 3, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 6, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 7, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 8, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 10, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 13, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 14, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 15, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 17, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |

Date: 2024-05-11