



Lake George

(G) MOD7/8/9 Outdoor Track

Coaches:

- Garrett Smith
- Jessica Egan

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------------|--|------------|----------|--|-----------------------------------|---------------------|
| Mar 18, 2024 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 19, 2024 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 20, 2024 | Wed | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 21, 2024 | Thu | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 22, 2024 | Fri | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 25, 2024 | Mon | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 26, 2024 | Tue | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Mar 27, 2024 | Wed | Practice | N/A | 3:30 PM | 4:30 PM | Lake George Elementary | | |
| Apr 9, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| Apr 10, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| Apr 11, 2024 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| Apr 12, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| Apr 15, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| Apr 16, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| Apr 17, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| Apr 18, 2024 | Thu | Regular Season | Corinth (Corinth/HL), Granville, Salem, Whitehall | 4:30 PM | | Lake George Elementary School - #8 Track | | L |
| Apr 19, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| CANCELLED Apr 22, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| Apr 23, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| Apr 24, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| Apr 25, 2024 | Thu | Regular Season | Corinth (Corinth/HL), Salem, Whitehall @ Granville | 4:30 PM | | Sam Eppolito Track Complex | Departure Time: 3:20 PM | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|--------------------------------------|--|------------|----------|--|--------------------------------|---------------------|
| POSTPONED Apr 26, 2024 | Fri | Regular Season (Mod Madness) | @ Stillwater | 4:45 PM | | Track | Departure Time: 3:20 PM | NL |
| Apr 30, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 1, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 2, 2024 | Thu | Regular Season | Granville, Salem, Whitehall @ Corinth (Corinth/HL) | 4:30 PM | | Corinth Elementary | Departure Time: 3:30 PM | L |
| May 3, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 6, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 7, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 8, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 9, 2024 | Thu | Regular Season | Corinth (Corinth/HL), Granville, Whitehall @ Salem | 4:30 PM | | Salem High School | Departure Time: 3:20 PM | L |
| May 10, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 13, 2024 | Mon | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 14, 2024 | Tue | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 15, 2024 | Wed | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 15, 2024 | Wed | Regular Season | Corinth (Corinth/HL), Granville, Salem @ Whitehall | 4:30 PM | | Whitehall Jr/Sr High School | Departure Time: 3:20 PM | L |
| May 17, 2024 | Fri | Practice | N/A | 3:30 PM | 5:00 PM | Lake George Elementary School - #8 Track | | |
| May 17, 2024 | Fri | Regular Season (Stillwater Mod Invy) | @ TBD | 4:30 PM | | Track | Departure Time: 3:15 PM | NL |

Date: 2024-05-11