



Lake George (G) V Outdoor Track

Coaches:

- Kevin Burrall, Head Coach
- Steve Guidetti
- Cody Stinson
- Jenna Smith
- Christopher Brown

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Mar 17, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 18, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 19, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 20, 2025	Thu	Practice	N/A	3:30 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center	
Mar 21, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 24, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 25, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 26, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track	
Mar 27, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track	
Mar 28, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track	
Mar 31, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 1, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 2, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George High School High School - Gymnasium Lobby	
Apr 3, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 4, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Apr 7, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 9, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 10, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 11, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 23, 2025	Wed	Regular Season	Whitehall	4:30 PM		Lake George Elementary School - #8 Track	L
Apr 24, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 25, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 26, 2025	Sat	Regular Season (Anthony Luciano Memorial Invitational 2025)	TBD, Broadalbin-Perth, Shaker High School, Burnt Hills-Ballston Lake HS, Gloversville, Albany Academies, Emma Willard, Rutland, Schuylerville, Beekmantown, Niskayuna High School, Averill Park High School, Hoosic Valley, Queensbury, Mount Anthony, South Glens Falls, Glens Falls, Greenwich, Ichabod Crane @ Hudson Falls				Departure Time: 8:00 AM NL
Apr 28, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 29, 2025	Tue	Regular Season	Corinth (Corinth/HL)	4:30 PM		Lake George Elementary School - #8 Track	L
Apr 30, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
May 1, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
May 2, 2025	Fri	Regular Season (George Muse Relays)	@ Glens Falls	4:00 PM		Glens Falls High School Track	Departure Time: 2:00 PM L
May 5, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 6, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 7, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 8, 2025	Thu	Regular Season	@ Granville	4:00 PM		Sam Eppolito Track Complex	Departure Time: 3:15 PM	L
May 9, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center		
May 10, 2025	Sat	Regular Season (Queensbury Invitational)	Galway, Granville, Saratoga Springs High School, Maple Hill, Lake Placid, Schuylerville, Westmoreland, Hudson Falls @ Queensbury	9:30 AM		Queensbury HS Stadium/Track	Departure Time: 8:00 AM	NL
May 13, 2025	Tue	Regular Season (Last Chance Invy)	Granville, Corinth (Corinth/HL), Whitehall	4:30 PM		Lake George Elementary School - #8 Track		L
May 16, 2025	Fri	Regular Season (ADK League Championships)	Granville, Corinth (Corinth/HL), Hadley-Luzerne (Corinth/HL)	4:00 PM		Lake George Elementary School - #8 Track		L
May 17, 2025	Sat	Regular Season (Eddy Meet)	@ TBD	8:00 AM		Larry Mulvaney Field	Departure Time: 7:30 AM	L
May 20, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 21, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 22, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George High School - Weightroom/Fitness Center		
May 23, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 29, 2025	Thu	Post-Season (Sectionals Group 5)	@ TBD	4:00 PM		High School Track	Departure Time: 1:30 PM	NL
Jun 5, 2025	Thu	Post-Season (State Quals)	Saratoga Springs High School, Watervliet, Niskayuna High School, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	Departure Time: 1:30 PM	L
Jun 6, 2025	Fri	Post-Season (State Quals)	Saratoga Springs High School, Watervliet, Niskayuna High School, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	Departure Time: 1:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jun 13, 2025	Fri	Post-Season (State Meet)	@ TBD	12:00 PM		Middletown High School	Departure Date: Jun 12, 2025 Departure Time: 2:45 PM	L
Jun 14, 2025	Sat	Post-Season (State Meet)	@ TBD	8:00 AM		Middletown High School		L

Date: 2026-01-11