



Lake George

(G) V Skiing (Alpine)

Coaches:

- Kandi Kelley
- Christopher Brown

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:30 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center			
Nov 19, 2024	Tue	Practice	N/A	3:30 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center			
Nov 20, 2024	Wed	Practice	N/A	3:30 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center			
Nov 25, 2024	Mon	Practice (Parent/Athlete Meeting)	N/A	3:30 PM	5:15 PM	Lake George High School - Weightroom/Fitness Center			
Nov 26, 2024	Tue	Practice	N/A	3:30 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center			
Dec 2, 2024	Mon	Practice (Dry Land Training)	N/A	3:00 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center			
Dec 3, 2024	Tue	Practice (West Mountain Pass Day)	N/A	3:00 PM	4:45 PM	West Mountain Ski Resort	Bus/Driver: Bolton Bus Transport	Departure Point: Bolton Central School Departure Date: Dec 3, 2024 Departure Time: 3:15 PM Return Date: Dec 3, 2024 Return Time: 4:45 PM	
Dec 3, 2024	Tue	Practice	N/A	3:30 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center			
Dec 4, 2024	Wed	Practice	N/A	3:30 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center			
Dec 6, 2024	Fri	Practice (Team Photo)	N/A	3:15 PM	4:00 PM	Lake George High School - Weightroom/Fitness Center			
CANCELLED Dec 9, 2024	Mon	Practice	N/A	3:30 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center			
Dec 10, 2024	Tue	Practice	N/A	3:30 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center			
Dec 12, 2024	Thu	Practice (Dry Land Training)	N/A	3:30 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center			
Dec 16, 2024	Mon	Practice (On Snow Training)	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort			
Dec 17, 2024	Tue	Practice (On Snow Training)	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort			
Dec 18, 2024	Wed	Practice (On Snow Training)	N/A	3:30 PM	5:30 PM	West Mountain Ski Resort			

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Jan 6, 2025	Mon	Practice (GS Practice with drop off ONLY)	N/A	3:15 PM	6:00 PM	West Mountain Ski Resort	Bus/Driver: Lake George	Departure Point: Bridge	
Jan 7, 2025	Tue	Practice (GS Practice with drop off ONLY)	N/A	3:15 PM	6:00 PM	West Mountain Ski Resort	Bus/Driver: Lake George	Departure Point: Bridge	
Jan 8, 2025	Wed	Practice (GS Practice with drop off ONLY)	N/A	3:15 PM	6:00 PM	West Mountain Ski Resort	Bus/Driver: Lake George	Departure Point: Bridge	
Jan 13, 2025	Mon	Practice (Slalom Practice)	N/A	3:15 PM	6:00 PM	West Mountain Ski Resort	Bus/Driver: Lake George	Departure Point: Bridge	
Jan 14, 2025	Tue	Practice (GS Practice with drop off ONLY)	N/A	3:15 PM	6:00 PM	West Mountain Ski Resort	Bus/Driver: Lake George	Departure Point: Bridge	
Jan 15, 2025	Wed	Regular Season (Glens Falls Invy)	@ TBD	5:00 PM		West Mountain Ski Resort		Departure Time: 3:15 PM	L
Jan 20, 2025	Mon	Regular Season (Brandon Sherwood Memorial)	@ TBD	9:00 AM		Gore Mountain Ski Resort		Departure Time: 6:30 AM	L
Jan 21, 2025	Tue	Practice (Slalom Practice)	N/A	3:15 PM	6:00 PM	West Mountain Ski Resort	Bus/Driver: Lake George	Departure Point: Bridge	
Jan 22, 2025	Wed	Practice (Slalom Practice)	N/A	3:15 PM	6:00 PM	West Mountain Ski Resort	Bus/Driver: Lake George	Departure Point: Bridge	
Jan 27, 2025	Mon	Regular Season (Niskayuna Invy)	@ TBD	5:00 PM		Willard Mountain		Departure Time: 2:45 PM	L
Jan 28, 2025	Tue	Practice (Slalom Practice with drop off ONLY)	N/A	3:15 PM	6:00 PM	West Mountain Ski Resort	Bus/Driver: Lake George	Departure Point: Bridge	
POSTPONED Jan 29, 2025	Wed	Regular Season (BP Invy - 1 Run SL & 1 Run GS - Varsity Only)	Albany Academies, Schuylerville (Schuylerville/Greenwich Alpine), Stillwater (Alpine), Emma Willard, Shenendehowa High School (Alpine), Shaker High School (Alpine), Saratoga Springs High School (Alpine), South Glens Falls, Ballston Spa High School (Alpine), Glens Falls (Coed Alpine), Johnstown (Alpine), Queensbury (Alpine), Niskayuna High School (Alpine) @ Broadalbin-Perth (BP/Amsterdam Alpine Skiing)	10:20 AM		Oak Mountain Ski Center		Departure Time: 7:00 AM	NL
Feb 3, 2025	Mon	Regular Season (Stillwater Invy)	@ TBD	5:00 PM		Willard Mountain		Departure Time: 2:45 PM	L
Feb 4, 2025	Tue	Practice (Slalom Practice)	N/A	3:15 PM	6:00 PM	West Mountain Ski Resort	Bus/Driver: Lake George	Departure Point: Bridge	
Feb 5, 2025	Wed	Regular Season (Queensbury Invy)	@ TBD	5:00 PM		West Mountain Ski Resort		Departure Time: 3:15 PM	L
Feb 8, 2025	Sat	Regular Season (Johnstown Invy)	@ TBD	9:30 AM		Royal Mountain		Departure Time: 6:00 AM	L

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Feb 10, 2025	Mon	Practice (Slalom Practice with drop off ONLY)	N/A	3:15 PM	6:00 PM	West Mountain Ski Resort	Bus/Driver: Lake George	Departure Point: Bridge	
Feb 11, 2025	Tue	Post-Season (Sectional Championship)	@ TBD	9:00 AM		Gore Mountain Ski Resort	Departure Time: 6:15 AM		L

Date: 2025-12-16