



# Lake George

## (B) V Skiing (Nordic)

### Coaches:

- Daryl Ludlow, Head Coach
- Jason Willett

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 19, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 20, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 21, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 22, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 25, 2024	Mon	Practice (Nordic practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 26, 2024	Tue	Practice (Nordic practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Dec 9, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Dec 10, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Dec 11, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Dec 12, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Dec 13, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Dec 16, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Dec 17, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Dec 18, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Dec 19, 2024	Thu	Regular Season (Johnsburg Invy)	@ TBD	3:00 PM		North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 12:30 PM	L
Dec 20, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Dec 28, 2024	Sat	Regular Season (QBY Relays)	@ TBD	10:00 AM		North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 8:00 AM	L
Jan 4, 2025	Sat	Regular Season (Queensbury Invy)	@ TBD	10:15 AM		North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 7:30 AM	L
Jan 6, 2025	Mon	Practice (Nordic Ski Bowl practice)	N/A	3:15 PM	6:00 PM	North Creek Ski Bowl (NCSB)		
Jan 7, 2025	Tue	Practice (nordic practice)	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Jan 8, 2025	Wed	Practice (Nordic Ski Bowl practice)	N/A	3:15 PM	6:00 PM	North Creek Ski Bowl (NCSB)		
Jan 9, 2025	Thu	Regular Season (Mayfield Invy)	@ TBD	2:15 PM		Lapland Lake Nordic Vacation Center	<b>Departure Time:</b> 12:00 PM	L
Jan 10, 2025	Fri	Practice (nordic practice)	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Jan 13, 2025	Mon	Practice (Nordic Ski Bowl practice)	N/A	3:15 PM	6:00 PM	North Creek Ski Bowl (NCSB)		
Jan 14, 2025	Tue	Practice (nordic practice)	N/A	3:30 PM	5:30 PM	Lake George Elementary		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 15, 2025	Wed	Practice (Nordic Ski Bowl practice)	N/A	3:15 PM	6:00 PM	North Creek Ski Bowl (NCSB)		
Jan 16, 2025	Thu	Regular Season (Johnstown/Guilderland Invy)	@ TBD	3:00 PM		Lapland Lake Nordic Vacation Center	<b>Departure Time:</b> 12:00 PM	L
Jan 17, 2025	Fri	Practice (nordic practice)	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Jan 20, 2025	Mon	Regular Season (Saratoga/Shen Invy)	@ TBD	10:15 AM		North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 8:30 AM	L
Jan 21, 2025	Tue	Practice (nordic practice)	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Jan 22, 2025	Wed	Practice (Nordic Ski Bowl practice)	N/A	3:15 PM	6:00 PM	North Creek Ski Bowl (NCSB)		
Jan 24, 2025	Fri	Practice (nordic practice)	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Jan 25, 2025	Sat	Regular Season (Section 7 Invy)	@ TBD	10:00 AM		Mount Van Hovenberg, Lake Placid, NY	<b>Departure Time:</b> 7:00 AM	L
Jan 27, 2025	Mon	Practice (Nordic practice @ Elm School)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Jan 28, 2025	Tue	Practice (nordic practice)	N/A	3:15 PM	5:30 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	
Jan 29, 2025	Wed	Regular Season (LG/Glens Falls Invy)	@ TBD	11:00 AM		Gore Mountain Ski Resort	<b>Departure Time:</b> 8:00 AM	L
Jan 31, 2025	Fri	Practice (nordic practice)	N/A	3:30 PM	5:30 PM	Lake George Elementary		
CANCELLED Feb 3, 2025	Mon	Practice (Nordic Ski Bowl practice)	N/A	3:15 PM	6:00 PM	North Creek Ski Bowl (NCSB)		
CANCELLED Feb 4, 2025	Tue	Practice (nordic practice)	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Feb 5, 2025	Wed	Practice (Nordic Ski Bowl practice)	N/A	3:15 PM	6:00 PM	North Creek Ski Bowl (NCSB)		
Feb 6, 2025	Thu	Practice (nordic practice)	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Feb 7, 2025	Fri	Regular Season (Scotia-Glenville Relays)	@ TBD	2:15 PM		Brookhaven Golf Course	<b>Departure Time:</b> 12:30 PM	L
Feb 10, 2025	Mon	Practice ( practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Feb 11, 2025	Tue	Practice (nordic practice)	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Feb 12, 2025	Wed	Post-Season (Sectionals )	@ TBD	2:00 PM		Gore Mountain Ski Resort	<b>Departure Time:</b> 12:00 PM	L
Feb 14, 2025	Fri	Practice (nordic practice)	N/A	3:30 PM	5:30 PM	Lake George Elementary		
Feb 24, 2025	Mon	Post-Season (State Championships)	@ TBD	10:00 AM		Gore Mountain Ski Resort	<b>Departure Time:</b> 7:45 AM	L
Feb 25, 2025	Tue	Post-Season (State Championship)	@ TBD	10:00 AM		Gore Mountain Ski Resort	<b>Departure Time:</b> 7:45 AM	L

Date: 2026-02-23