

Coaches:

- Daryl Ludlow, Head Coach
- Jason Willett

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 14, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 15, 2023	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 16, 2023	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 16, 2023	Thu	Practice (Parent Info Meeting)	N/A	5:00 PM	5:30 PM	Lake George Elementary		
Nov 17, 2023	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 20, 2023	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 21, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 27, 2023	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 28, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 29, 2023	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Nov 30, 2023	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Dec 1, 2023	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Dec 4, 2023	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Dec 5, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Dec 6, 2023	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Dec 7, 2023	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Dec 8, 2023	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 11, 2023	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Dec 12, 2023	Tue	Practice (Gore Practice)	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:15 PM Return Date: Return Time: 5:50 PM	
Dec 13, 2023	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Dec 14, 2023	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Dec 15, 2023	Fri	Practice (Gore Practice)	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:15 PM Return Date: Return Time: 5:50 PM	
Dec 18, 2023	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
POSTPONED Dec 19, 2023	Tue	Regular Season (Johnsburg Invy)	@ TBD	3:00 PM		Garnet Hill, North River, NY		Departure Point: LGHS - Under the Bridge Departure Time: 12:30 PM	L
Dec 28, 2023	Thu	Practice (Wax Practice)	N/A	9:00 AM	10:00 AM	Lake George Elementary			
Dec 29, 2023	Fri	Regular Season (Q-Relays)	@ TBD	10:00 AM		North Creek Ski Bowl		Departure Point: LGHS - Under the Bridge Departure Time: 8:00 AM	L
Jan 2, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Jan 3, 2024	Wed	Practice (Gore Practice)	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:15 PM Return Date: Return Time: 5:50 PM	
Jan 4, 2024	Thu	Practice (Gore Practice)	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:15 PM Return Date: Return Time: 5:50 PM	
Jan 5, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 6, 2024	Sat	Regular Season (Q-Invite)	@ TBD	10:15 AM		Gore Mountain Ski Resort		Departure Point: LGHS - Under the Bridge Departure Time: 7:30 AM	L
Jan 8, 2024	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Jan 9, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Jan 10, 2024	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Jan 11, 2024	Thu	Regular Season (Toga/Shen Invy)	@ TBD	3:00 PM		North Creek Ski Bowl (NCSB)		Departure Point: LGHS - Under the Bridge Departure Time: 12:45 PM	L
Jan 12, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Jan 16, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Jan 17, 2024	Wed	Practice (Gore Practice)	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:15 PM Return Date: Return Time: 5:50 PM	
Jan 18, 2024	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Jan 19, 2024	Fri	Regular Season (Johnstown/Guild)	@ TBD	3:00 PM		Lapland Lake Nordic Vacation Center		Departure Point: LGHS - Under the Bridge Departure Time: 11:30 AM	L
Jan 22, 2024	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Jan 23, 2024	Tue	Practice (Gore Practice)	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:15 PM Return Date: Return Time: 5:50 PM	
Jan 24, 2024	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Jan 25, 2024	Thu	Regular Season (Lake George/Glens Falls Invy)	Johnstown (Nordic), Scotia- Glenville	3:00 PM		Gore Mountian North Creek		Departure Time: 12:30 PM	NL
Jan 26, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 29, 2024	Mon	Practice (Gore Practice)	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:15 PM Return Date: Return Time: 5:50 PM	
Jan 30, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Jan 31, 2024	Wed	Regular Season (Mayfield)	@ TBD	3:00 PM		Lapland Lake Nordic Vacation Center		Departure Point: LGHS - Under the Bridge Departure Time: 12:00 PM	L
Feb 1, 2024	Thu	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:00 PM Return Date: Return Time: 5:45 PM	
Feb 2, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Feb 5, 2024	Mon	Practice (Gore Practice)	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:15 PM Return Date: Return Time: 5:50 PM	
Feb 6, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Feb 7, 2024	Wed	Practice (Gore Practice)	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:15 PM Return Date: Return Time: 5:50 PM	
Feb 8, 2024	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			
Feb 9, 2024	Fri	Regular Season (Scotia/Glenville Coed Relays)	@ TBD	3:00 PM		North Creek Ski Bowl (NCSB)		Departure Point: LGHS - Under the Bridge Departure Time: 12:45 PM	L
Feb 12, 2024	Mon	Practice (Gore Practice)	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:15 PM Return Date: Return Time: 5:50 PM	
Feb 13, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George Elementary			

DATE	WEEK	ТҮРЕ	OPPONENTS	START END		DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 14, 2024	Wed	Post-Season (Sectionals)	@ TBD	2:00 PM	Gore Mountain Ski Resort	Departure Point: LGHS - Under the Bridge Departure Time: 12:30 PM	L
Feb 26, 2024	Mon	Post-Season (NYSPHSAA State Championships)	@ TBD	11:15 AM	Mount Van Hovenberg Lake Placid, NY	,	NL
Feb 27, 2024	Tue	Post-Season (NYSPHSAA State Championships)	@ TBD	11:15 AM	Mount Van Hovenberg Lake Placid, NY	,	NL

Date: 2025-12-10