



# Lake George

## (B) V Skiing (Nordic)

### Coaches:

- Daryl Ludlow, Head Coach
- Jason Willett

| DATE                  | WEEK DAY | TYPE                                | OPPONENTS | START TIME | END TIME | LOCATION                    | DEPARTURE   | TRANSPORTATION / NON-LEAGUE |
|-----------------------|----------|-------------------------------------|-----------|------------|----------|-----------------------------|---|-----------------------------|
| Nov 13, 2019          | Wed      | Practice (Boys Varsity/JV Practice) | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Nov 14, 2019          | Thu      | Practice (Boys Varsity/JV Practice) | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Nov 15, 2019          | Fri      | Practice (Boys Varsity/JV Practice) | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Nov 18, 2019          | Mon      | Practice (Boys Varsity/JV Practice) | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Nov 19, 2019          | Tue      | Practice (Boys Varsity/JV Practice) | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Nov 20, 2019          | Wed      | Practice (Boys Varsity/JV Practice) | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Nov 21, 2019          | Thu      | Practice (Boys Varsity/JV Practice) | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Nov 22, 2019          | Fri      | Practice (Boys Varsity/JV Practice) | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Nov 25, 2019          | Mon      | Practice (Boys Varsity/JV Practice) | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Nov 26, 2019          | Tue      | Practice (Boys Varsity/JV Practice) | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| CANCELLED Dec 2, 2019 | Mon      | Practice                            | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Dec 3, 2019           | Tue      | Practice                            | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Dec 4, 2019           | Wed      | Practice                            | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Dec 5, 2019           | Thu      | Practice                            | N/A       | 4:00 PM    | 5:30 PM  | Lake George Elementary      | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM |                             |
| Dec 6, 2019           | Fri      | Practice                            | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Dec 7, 2019           | Sat      | Regular Season (Skate)              | @ TBD     | 11:00 AM   |          | North Creek Ski Bowl (NCSB) | <b>Departure Time:</b><br>8:30 AM   | L                           |
| Dec 9, 2019           | Mon      | Practice                            | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |
| Dec 10, 2019          | Tue      | Practice                            | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary      |   |                             |

| DATE         | WEEK DAY | TYPE  | OPPONENTS | START TIME | END TIME | LOCATION                     | DEPARTURE   | TRANSPORTATION / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|------------------------------|---|-----------------------------|
| Dec 11, 2019 | Wed      | Practice  | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary       |   |                             |
| Dec 12, 2019 | Thu      | Practice  | N/A       | 4:00 PM    | 5:30 PM  | North Creek Ski Bowl (NCSB)  | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM       |                             |
| Dec 13, 2019 | Fri      | Regular Season (Johnsburg Invitational - Classic)         | @ TBD     | 2:00 PM    |          | Garnet Hill, North River, NY | <b>Departure Time:</b><br>12:15 PM  | L                           |
| Dec 13, 2019 | Fri      | Practice  | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary       |   |                             |
| Dec 16, 2019 | Mon      | Practice  | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary       |   |                             |
| Dec 17, 2019 | Tue      | Practice  | N/A       | 4:00 PM    | 5:30 PM  | North Creek Ski Bowl (NCSB)  | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM       |                             |
| Dec 18, 2019 | Wed      | Practice  | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary       |   |                             |
| Dec 19, 2019 | Thu      | Practice  | N/A       | 3:30 PM    | 5:00 PM  | Lake George Elementary       |   |                             |
| Dec 20, 2019 | Fri      | Practice  | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary       |   |                             |
| Dec 28, 2019 | Sat      | Regular Season (Queensbury Relays - 3x3 km Skate)         | @ TBD     | 10:00 AM   |          | North Creek Ski Bowl (NCSB)  | <b>Departure Time:</b><br>7:45 AM   | L                           |
| Dec 30, 2019 | Mon      | Regular Season (Saratoga/Schen Invitational - 6 km Skate) | @ TBD     | 11:00 AM   |          | TBD                          | <b>Departure Point:</b><br>Lake George Elementary School<br><b>Departure Time:</b><br>9:00 AM | L                           |
| Jan 2, 2020  | Thu      | Regular Season (Saratoga/Schen Invitational - 6 km Skate) | @ TBD     | 3:00 PM    |          | North Creek Ski Bowl (NCSB)  | <b>Departure Time:</b><br>1:15 PM   | L                           |
| Jan 6, 2020  | Mon      | Practice (Boys Varsity/JV Practice)                       | N/A       | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)  | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM       |                             |
| Jan 7, 2020  | Tue      | Practice (Boys Varsity/JV Practice)                       | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary       |   |                             |
| Jan 8, 2020  | Wed      | Regular Season (Johnstown/Guilderland Invitational)       | @ TBD     | 3:00 PM    |          | Lapland Lake Nordic Ski      | <b>Departure Time:</b><br>11:30 AM  | L                           |
| Jan 9, 2020  | Thu      | Practice (Boys Varsity/JV Practice)                       | N/A       | 3:15 PM    | 5:00 PM  | Lake George Elementary       |   |                             |
| Jan 10, 2020 | Fri      | Practice (Boys Varsity/JV Practice)                       | N/A       | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)  | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM       |                             |

| DATE         | WEEK DAY | TYPE   | OPPONENTS   | START TIME | END TIME | LOCATION                             | DEPARTURE   | TRANSPORTATION / NON-LEAGUE   |
|--------------|----------|--|---|------------|----------|--------------------------------------|---|---|
| Jan 13, 2020 | Mon      | Practice (Boys Varsity/JV Practice)                        | N/A   | 3:15 PM    | 5:00 PM  | Lake George Elementary               |   |   |
| Jan 14, 2020 | Tue      | Practice (Boys Varsity/JV Practice)                        | N/A   | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)          | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM |   |
| Jan 15, 2020 | Wed      | Practice (Boys Varsity/JV Practice)                        | N/A   | 3:15 PM    | 5:00 PM  | Lake George Elementary               |   |   |
| Jan 16, 2020 | Thu      | Practice (Boys Varsity/JV Practice)                        | N/A   | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)          | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM |   |
| Jan 17, 2020 | Fri      | Practice (Boys Varsity/JV Practice)                        | N/A   | 3:15 PM    | 5:00 PM  | Lake George Elementary               |   |   |
| Jan 18, 2020 | Sat      | Regular Season (Gore Mountain Invitational - 5 km Classic) | @ TBD   | 11:00 AM   |          | North Creek Ski Bowl (NCSB)          | <b>Departure Time:</b><br>9:00 AM   | L   |
| Jan 20, 2020 | Mon      | Regular Season (Section 7 Skiathlon)                       | @ TBD   | 10:00 AM   |          | Mount Van Hovenberg, Lake Placid, NY | <b>Departure Time:</b><br>8:30 AM   | L   |
| Jan 21, 2020 | Tue      | Practice (Boys Varsity/JV Practice)                        | N/A   | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)          | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM |   |
| Jan 22, 2020 | Wed      | Practice (Boys Varsity/JV Practice)                        | N/A   | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)          | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM |   |
| Jan 23, 2020 | Thu      | Practice (Boys Varsity/JV Practice)                        | N/A   | 3:15 PM    | 5:00 PM  | Lake George Elementary               |   |   |
| Jan 24, 2020 | Fri      | Regular Season (Mayfield Invitational - Skate)             | @ TBD   | 2:45 PM    |          | Lapland Lake Nordic Vacation Center  | <b>Class Dismissal:</b><br>12:00 PM   | <b>Departure Time:</b><br>12:15 PM  |
| Jan 27, 2020 | Mon      | Practice (Boys Varsity/JV Practice)                        | N/A   | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)          |   | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM |
| Jan 28, 2020 | Tue      | Practice (Boys Varsity/JV Practice)                        | N/A   | 3:15 PM    | 5:00 PM  | Lake George Elementary               |   |   |
| Jan 29, 2020 | Wed      | Regular Season (Lake George/Glens Falls Invitational)      | Saratoga Springs High School (Cross Country), Queensbury (Nordic) @ Glens Falls (Coed Nordic Ski) | 3:00 PM    |          | Gore Mountain                        |   | <b>Departure Time:</b><br>1:30 PM   |
| Jan 30, 2020 | Thu      | Practice (Boys Varsity/JV Practice)                        | N/A   | 3:15 PM    | 5:00 PM  | Lake George Elementary               |   |   |

| DATE                  | WEEK DAY | TYPE   | OPPONENTS | START TIME | END TIME | LOCATION                            | DEPARTURE   | TRANSPORTATION / NON-LEAGUE |
|-----------------------|----------|--|-----------|------------|----------|-------------------------------------|---|-----------------------------|
| Jan 31, 2020          | Fri      | Practice (Boys Varsity/JV Practice)                              | N/A       | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)         | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM |                             |
| Feb 3, 2020           | Mon      | Practice (Boys Varsity/JV Practice)                              | N/A       | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)         | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:00 PM |                             |
| CANCELLED Feb 4, 2020 | Tue      | Scrimmage (Sectional Practice )                                  | @ TBD     | 1:45 PM    |          | Lapland Lake Nordic Vacation Center | <b>Departure Time:</b><br>12:00 PM  | NL                          |
| Feb 4, 2020           | Tue      | Practice   | N/A       | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)         | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:00 PM |                             |
| Feb 5, 2020           | Wed      | Practice   | N/A       | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)         | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:00 PM |                             |
| Feb 12, 2020          | Wed      | Post-Season (Sectionals)   | @ TBD     | 2:00 PM    |          | Lapland Lake Nordic Vacation Center | <b>Departure Time:</b><br>11:30 AM  | NL                          |
| Feb 13, 2020          | Thu      | Post-Season (Sectional - Back-up Date)                           | @ TBD     | TBD        |          | TBD                                 |   | NL                          |
| Feb 24, 2020          | Mon      | Post-Season (State Meet - Skate Individual (Harriott Hollister)) | @ TBD     | TBD        |          | TBD                                 |   | NL                          |
| Feb 25, 2020          | Tue      | Post-Season (State Meet - Classic Relay (Bristol Mountain))      | @ TBD     | TBD        |          | TBD                                 |   | NL                          |
| TBD                   |          | Practice   | N/A       | 4:00 PM    | 5:15 PM  | North Creek Ski Bowl (NCSB)         | <b>Departure Time:</b><br>3:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 6:15 PM |                             |

Date: 2026-02-16