

Coaches:

- Brittany Rodrigues (Jones), Head Coach
- Julia Hall
- Caryssa Leland-Ahigian

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 26, 2024	Mon	Practice (Practice)	N/A	7:30 AM	9:30 AM	Lake George High School - Gymnasium		
Aug 27, 2024	Tue	Practice (Practice)	N/A	7:30 AM	9:30 AM	Lake George High School - Gymnasium		
Aug 28, 2024	Wed	Practice (Practice)	N/A	7:30 AM	9:30 AM	Lake George High School - Gymnasium		
Aug 29, 2024	Thu	Practice (Practice)	N/A	7:30 AM	9:30 AM	Lake George High School - Gymnasium		
Aug 30, 2024	Fri	Practice (Practice)	N/A	7:30 AM	9:30 AM	Lake George High School - Gymnasium		
Aug 31, 2024	Sat	Practice (Practice)	N/A	7:30 AM	9:00 AM	Lake George High School - Gymnasium		
Sep 2, 2024	Mon	Practice (Practice)	N/A	7:30 AM	9:00 AM	TBD		
Sep 3, 2024	Tue	Scrimmage	Saratoga Springs High School, Maple Hill @ South Glens Falls			SGFHS - Blue Gymnasium	Departure Time: 3:15 PM	NL
Sep 4, 2024	Wed	Scrimmage	@ Hudson Falls	5:30 PM		Hudson Falls HS	Departure Time: 2:45 PM	NL
Sep 5, 2024	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Sep 6, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Sep 7, 2024	Sat	Regular Season (Hen Hud Tournament)	@ TBD	9:00 AM		Hendrick Hudson HS	Departure Time: 5:30 AM	NL
Sep 9, 2024	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Sep 10, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Sep 11, 2024	Wed	Regular Season	Corinth	6:30 PM		Lake George High School - Gymnasium		L
Sep 12, 2024	Thu	Regular Season	@ Hartford	6:30 PM		HCS Ella Colvin Gymnasium	Departure Time: 3:30 PM	L
CANCELLED Sep 13, 2024	Fri	Practice (Practice)	N/A	4:30 PM	6:00 PM	Lake George High School - Gymnasium		
Sep 16, 2024	Mon	Practice (Practice)	N/A	4:45 PM	6:15 PM	TBD		
Sep 17, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		

	WEEK DAY	TYPE	OPPONENTS	START TIME	TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 18, 2024	Wed	Regular Season	Argyle	6:30 PM		Lake George High School - Gymnasium		L
Sep 19, 2024	Thu	Practice (Practice)	N/A	6:00 PM	7:15 PM	Lake George High School - Gymnasium		
Sep 20, 2024	Fri	Regular Season 3-0 W	@ Hadley-Luzerne	6:30 PM		Hadley- Luzerne Jr Sr High School Gym	Departure Time: 4:00 PM	L
Sep 21, 2024	Sat	Regular Season (Cider Challenge)	Shenendehowa High School, Galway, Oneonta, Mayfield, South Glens Falls, Pittsford Sutherland, Broadalbin-Perth, Marcellus, Niskayuna High School, Cornwall, Baldwinsville, Gloversville @ Burnt Hills-Ballston Lake HS	8:00 AM	8:00 PM	BH-BL HS Gym	Departure Time: 6:45 AM	NL
Sep 23, 2024	Mon	Practice (Practice)	N/A	4:45 PM	6:15 PM	Lake George High School - Gymnasium		
Sep 24, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Sep 25, 2024	Wed	Regular Season	Warrensburg (Warrensburg - Bolton)	6:30 PM		Lake George High School - Gymnasium		L
Sep 26, 2024	Thu	Regular Season	Fort Edward	6:30 PM		Lake George High School - Gymnasium		L
Sep 30, 2024	Mon	Practice (Practice)	N/A	6:00 PM	7:30 PM	Lake George High School - Gymnasium		
Oct 1, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Oct 2, 2024	Wed	Regular Season	@ Granville	6:30 PM		Granville High School- Senior High Gym	Departure Time: 3:15 PM	L
Oct 3, 2024	Thu	Regular Season	@ South Glens Falls	6:00 PM		SGFHS - Blue Gymnasium	Departure Time: 3:15 PM	NL
Oct 4, 2024	Fri	Regular Season	@ Corinth	6:30 PM		TBD	Departure Time: 3:45 PM	L
Oct 5, 2024	Sat	Regular Season (Power Of Pink Varsity Tournament)	Hudson Falls, Saratoga Springs High School, Schuylerville, Fort Edward, Ballston Spa High School, Duanesburg, Hadley-Luzerne @ Queensbury	8:00 AM		Queensbury HS, Gold Gym, Queensbury HS, Blue Gym	Departure Time: 7:15 AM	NL
Oct 7, 2024	Mon	Practice (Practice)	N/A	4:45 PM	6:15 PM	Lake George High School - Gymnasium		
Oct 8, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 9, 2024	Wed	Regular Season	Hartford	6:30 PM		Lake George High School - Gymnasium		L
Oct 10, 2024	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Oct 11, 2024	Fri	Regular Season	@ Argyle	6:30 PM		ACS Gym	Departure Time: 3:30 PM	L
Oct 12, 2024	Sat	Regular Season (Shenendehowa Tournament)	@ TBD	8:00 AM		Impact Athletic Center	Departure Time: 6:45 AM	NL
Oct 15, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Oct 16, 2024	Wed	Regular Season 3-0 W	Hadley-Luzerne	6:30 PM		Lake George High School - Gymnasium		L
Oct 17, 2024	Thu	Practice (Practice)	N/A	6:00 PM	7:15 PM	Lake George High School - Gymnasium		
Oct 18, 2024	Fri	Regular Season	@ Warrensburg (Warrensburg - Bolton)	6:30 PM		Warrensburg High School	Departure Time: 4:15 PM	L
Oct 20, 2024	Sun	Practice (Practice)	N/A	9:30 AM	12:30 PM	TBD		
Oct 21, 2024	Mon	Practice (Practice)	N/A	3:30 PM	4:30 PM	Lake George High School - Gymnasium		
Oct 22, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Oct 23, 2024	Wed	Regular Season	@ Fort Edward	6:30 PM		Front Gym	Departure Time: 3:30 PM	L
Oct 24, 2024	Thu	Practice (Practice)	N/A	4:30 PM	6:00 PM	Lake George High School - Gymnasium		
Oct 24, 2024	Thu	Regular Season	@ Queensbury	6:00 PM		Queensbury HS, Blue Gym	Departure Time: 5:00 PM	NL
Oct 25, 2024	Fri	Regular Season	Granville	6:30 PM		Lake George High School - Gymnasium		L
CANCELLED Oct 28, 2024	Mon	Practice (Practice)	N/A	4:30 PM	6:00 PM	Lake George High School - Gymnasium		
Oct 29, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Oct 30, 2024	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Oct 31, 2024	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Nov 1, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Lake George High School - Gymnasium		
Nov 1, 2024	Fri	Post-Season (Sectionals #2 Lake George vs. #7 Tamarac)	Tamarac	5:00 PM		Lake George High School - Gymnasium		NL
Nov 4, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	TBD		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	/ NON- LEAGUE
Nov 5, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Nov 6, 2024	Wed	Post-Season (Sectional Semi- Finals (#3 Stillwater vs. #2 Lake George))	Stillwater	7:00 PM		Ballston Spa High School Gym	Departure Time: 4:30 PM	NL

Date: 2025-12-05