



# Lake George

## (G) V Skiing (Nordic)

### Coaches:

- Daryl Ludlow, Head Coach
- Jason Willett

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 13, 2019	Wed	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Nov 14, 2019	Thu	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Nov 15, 2019	Fri	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Nov 18, 2019	Mon	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Nov 19, 2019	Tue	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Nov 20, 2019	Wed	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Nov 21, 2019	Thu	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Nov 22, 2019	Fri	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Nov 25, 2019	Mon	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Nov 26, 2019	Tue	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Dec 3, 2019	Tue	Practice	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Dec 4, 2019	Wed	Practice	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Dec 5, 2019	Thu	Practice	N/A	4:00 PM	5:30 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM	
Dec 6, 2019	Fri	Practice	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Dec 7, 2019	Sat	Regular Season (Skate)	@ TBD	11:00 AM		North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 8:30 AM	L
Dec 9, 2019	Mon	Practice	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Dec 10, 2019	Tue	Practice	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Dec 11, 2019	Wed	Practice	N/A	3:15 PM	5:00 PM	Lake George Elementary		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Dec 12, 2019	Thu	Practice	N/A	4:00 PM	5:30 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM	
Dec 13, 2019	Fri	Regular Season (Johnsburg Invy - Classic)	@ TBD	2:00 PM		Garnet Hill, North River, NY	<b>Departure Time:</b> 12:15 PM	L
Dec 13, 2019	Fri	Practice	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Dec 16, 2019	Mon	Practice	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Dec 17, 2019	Tue	Practice	N/A	4:00 PM	5:30 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM	
Dec 18, 2019	Wed	Practice	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Dec 19, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary		
Dec 20, 2019	Fri	Practice	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Dec 28, 2019	Sat	Regular Season (Queensbury Relays - 3x3 km Skate)	@ TBD	10:00 AM		North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 7:45 AM	L
Jan 2, 2020	Thu	Regular Season (Saratoga/Schen Invy - 6 km Skate)	@ TBD	3:00 PM		North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 1:15 PM	L
Jan 6, 2020	Mon	Practice (Girls JV/Varsity Practice)	N/A	4:00 PM	6:15 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM	
Jan 7, 2020	Tue	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Jan 8, 2020	Wed	Regular Season (Johnstown/Guilderland Invy)	@ TBD	3:00 PM		Lapland Lake Nordic Vacation Center	<b>Departure Time:</b> 11:30 AM	L
Jan 9, 2020	Thu	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Jan 10, 2020	Fri	Practice (Girls JV/Varsity Practice)	N/A	4:00 PM	6:15 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM	
Jan 13, 2020	Mon	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary		
Jan 14, 2020	Tue	Practice (Girls JV/Varsity Practice)	N/A	4:00 PM	6:15 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	
Jan 15, 2020	Wed	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Jan 16, 2020	Thu	Practice (Girls JV/Varsity Practice)	N/A	4:00 PM	6:15 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM		
Jan 17, 2020	Fri	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Jan 18, 2020	Sat	Regular Season (Gore Mountain Invitational - 5 km Classic)	@ TBD	11:00 AM		North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 9:00 AM	L	
Jan 20, 2020	Mon	Regular Season (Section 7 Skiathlon)	@ TBD	10:00 AM		Mount Van Hovenberg, Lake Placid, NY	<b>Departure Time:</b> 8:30 AM	L	
Jan 21, 2020	Tue	Practice (Girls JV/Varsity Practice)	N/A	4:00 PM	6:15 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM		
Jan 22, 2020	Wed	Practice (Girls JV/Varsity Practice)	N/A	4:00 PM	6:15 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM		
Jan 23, 2020	Thu	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Jan 24, 2020	Fri	Regular Season (Mayfield Invitational - Skate)	@ TBD	2:45 PM		Lapland Lake Nordic Vacation Center	<b>Class Dismissal:</b> 12:00 PM	<b>Departure Time:</b> 12:15 PM	L
Jan 27, 2020	Mon	Practice (Girls JV/Varsity Practice)	N/A	4:00 PM	6:15 PM	North Creek Ski Bowl (NCSB)		<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM	
Jan 28, 2020	Tue	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Jan 29, 2020	Wed	Regular Season (Lake George /Glens Falls Invitational)	@ TBD	3:00 PM		North Creek Ski Bowl (NCSB)		<b>Departure Time:</b> 1:30 PM	L
Jan 30, 2020	Thu	Practice (Girls JV/Varsity Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Jan 31, 2020	Fri	Practice (Girls JV/Varsity Practice)	N/A	4:00 PM	6:15 PM	North Creek Ski Bowl (NCSB)		<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM	
Feb 3, 2020	Mon	Practice	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)		<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
CANCELLED Feb 4, 2020	Tue	Scrimmage (Sectional Practice )	@ TBD	1:45 PM		Lapland Lake Nordic Vacation Center	<b>Departure Time:</b> 12:00 PM	NL
Feb 4, 2020	Tue	Practice	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	
Feb 5, 2020	Wed	Practice	N/A	4:00 PM	5:15 PM	North Creek Ski Bowl (NCSB)	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	
Feb 12, 2020	Wed	Post-Season (Sectionals)	@ TBD	2:00 PM		Lapland Lake Nordic Vacation Center	<b>Departure Time:</b> 11:30 AM	NL
Feb 13, 2020	Thu	Post-Season (Sectional - Back-up Date)	@ TBD	TBD		TBD		NL
Feb 24, 2020	Mon	Post-Season (State Meet - Skate Individual (Harriott Hollister))	@ TBD	TBD		TBD		NL
Feb 25, 2020	Tue	Post-Season (State Meet - Classic Relay (Bristol Mountain))	@ TBD	TBD		TBD		NL

Date: 2026-02-17