Lake George
(G) MOD7/8/9 Cross Country

Coaches:

- Steve Guidetti, Head Coach
- Garrett Smith, Asst Coach
- Kevin Burrall , Asst Coach
- Jenna Smith, Volunteer
- Cody Stinson, Volunteer
- Max Perry, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Sep 2, 2024	Mon	Practice	N/A	8:00 AM	9:00 AM	Lake George Elementary School - #12 Cross Country Trails		
Sep 3, 2024	Tue	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 4, 2024	Wed	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 5, 2024	Thu	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 6, 2024	Fri	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 14, 2024	Sat	Regular Season (Queensbury Invy)	@ TBD	TBD		Queensbury HS, Trails @ Elem. School	**Departure Time:** 7:30 AM	L
Sep 18, 2024	Wed	Scrimmage (Pre Season Scrimmage @ Lake George)	Corinth (Corinth/Hadley Luzerne), Granville (Granville-Whitehall-Hartford), Argyle (Argyle), North Warren, Warrensburg (Warrensburg - Bolton)	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		NL
Sep 24, 2024	Tue	Regular Season	Argyle (Argyle)	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		L
Sep 28, 2024	Sat	Regular Season (Kdawg)	@ TBD	9:00 AM		Moreau Recreational Park	**Departure Time:** 7:30 AM	L
Oct 1, 2024	Tue	Regular Season	@ Warrensburg (Warrensburg - Bolton)	4:00 PM		Warrensburg Recreation Field	**Departure Time:** 3:20 PM	L
Oct 5, 2024	Sat	Regular Season (Grout-Schenectady)	@ TBD	9:00 AM		Schenectady High School Track & Field	**Departure Time:** 7:00 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 8, 2024	Tue	Regular Season	Granville (Granville-Whitehall-Hartford)	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		L
Oct 12, 2024	Sat	Regular Season (Saratoga Invy)	@ TBD	9:00 AM		BH-BL HS Track	**Departure Time:** 7:00 AM	L
Oct 15, 2024	Tue	Regular Season	Corinth (Corinth/Hadley Luzerne)	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		L
Oct 22, 2024	Tue	Regular Season	@ North Warren	4:00 PM		NW High School	**Departure Time:** 3:20 PM	L
Oct 23, 2024	Wed	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Oct 24, 2024	Thu	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Oct 25, 2024	Fri	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Oct 28, 2024	Mon	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Oct 29, 2024	Tue	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Oct 30, 2024	Wed	Meet (Adirondack League XC Championships)	Vs. Multiple	3:00 PM		Queensbury HS, Trails @ Elem. School	**Departure Time:** 1:20 PM	NL

Date: 2026-11-26