



Lake George

(G) MOD7/8/9 Cross Country

Coaches:

- Cody Stinson
- Zoe Mather
- Steve Guidetti
- Garrett Smith
- Kevin Burrall

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 23, 2023	Sat	Regular Season (Queensbury Invy)	@ TBD	8:00 AM		Queensbury HS, Trails @ Elem. School	Departure Time: 7:30 AM	L
Sep 30, 2023	Sat	Regular Season (Kdawg)	@ TBD	8:00 AM		Moreau Recreational Park	Departure Time: 7:30 AM	L
Oct 3, 2023	Tue	Regular Season	Hartford (Granville-Whitehall-Hartford) @ Granville (Granville-Whitehall-Hartford)	4:00 PM		Sam Eppolito Track Complex	Departure Time: 3:15 PM	L
Oct 7, 2023	Sat	Regular Season (Grout-Schenectady)	@ TBD	8:00 AM		Central Park	Departure Time: 7:00 AM	L
Oct 10, 2023	Tue	Regular Season	@ Hadley-Luzerne (Corinth/Hadley Luzerne)	4:00 PM		Stuart M. Townsend Elementary School	Departure Time: 3:30 PM	L
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invy)	@ TBD	9:00 AM		Spa Park	Departure Time: 7:30 AM	NL
Oct 26, 2023	Thu	Meet (Adirondack League Championships)	Vs. Multiple	3:00 PM		Queensbury HS, Trails @ Elem. School	Departure Time: 2:00 PM	NL

Date: 2024-04-25