



Lake George

(G) MOD7/8/9 Cross Country

Coaches:

- Cody Stinson
- Zoe Mather
- Steve Guidetti
- Garrett Smith
- Kevin Burrall

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|--------------------------------------|--------------------------------|---------------------|
| Sep 23, 2023 | Sat | Regular Season (Queensbury Invy) | @ TBD | 8:00 AM | | Queensbury HS, Trails @ Elem. School | Departure Time: 7:30 AM | L |
| Sep 30, 2023 | Sat | Regular Season (Kdawg) | @ TBD | 8:00 AM | | Moreau Recreational Park | Departure Time: 7:30 AM | L |
| Oct 3, 2023 | Tue | Regular Season | Hartford (Granville-Whitehall-Hartford) @ Granville (Granville-Whitehall-Hartford) | 4:00 PM | | Sam Eppolito Track Complex | Departure Time: 3:15 PM | L |
| Oct 7, 2023 | Sat | Regular Season (Grout-Schenectady) | @ TBD | 8:00 AM | | Central Park | Departure Time: 7:00 AM | L |
| Oct 10, 2023 | Tue | Regular Season | @ Hadley-Luzerne (Corinth/Hadley Luzerne) | 4:00 PM | | Stuart M. Townsend Elementary School | Departure Time: 3:30 PM | L |
| Oct 14, 2023 | Sat | Regular Season (Burnt Hills Invy) | @ TBD | 9:00 AM | | Spa Park | Departure Time: 7:30 AM | NL |
| Oct 26, 2023 | Thu | Meet (Adirondack League Championships) | Vs. Multiple | 3:00 PM | | Queensbury HS, Trails @ Elem. School | Departure Time: 2:00 PM | NL |

Date: 2024-05-04