



# Lake George

## (G) V Cross Country

### Coaches:

- Garrett Smith, Head Coach
- Cody Stinson
- Steve Guidetti
- Kevin Burrall
- Jenna Smith

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 18, 2025	Mon	Practice	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails		
Aug 19, 2025	Tue	Practice	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails		
Aug 20, 2025	Wed	Practice	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails		
Aug 21, 2025	Thu	Practice	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails		
Aug 22, 2025	Fri	Practice	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails		
Aug 25, 2025	Mon	Practice	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails		
Aug 26, 2025	Tue	Practice	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails		
Aug 27, 2025	Wed	Practice	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails		
Aug 28, 2025	Thu	Practice	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails		
Sep 8, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 9, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2025	Wed	Meet (Preseason Scrimmage)	Vs. Multiple	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		NL
Sep 11, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 12, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 13, 2025	Sat	Regular Season (Queensbury Invy)	Schenectady High School, Auburn, Shaker High School, Monticello, Niskayuna High School, Tully, Greenville, Colonie High School, Roy C Ketcham/ Wappingers JHS, Central Valley Academy, Phoenix, Chatham, Broadalbin-Perth, Shenendehowa High School, South Lewis, Hudson Falls @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	Departure Time: 7:45 AM	NL
Sep 16, 2025	Tue	Regular Season	Argyle (Argyle)	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		L
Sep 17, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 18, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 19, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 22, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 23, 2025	Tue	Regular Season	Warrensburg (Warrensburg - Bolton)	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 24, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 25, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 26, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 27, 2025	Sat	Regular Season (K-DAWG Memorial XC Invitational)	Gloversville, Amsterdam @ South Glens Falls	9:00 AM		Moreau Recreational Park	Departure Time: 7:30 AM	NL
Sep 29, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 30, 2025	Tue	Regular Season	@ Whitehall (Granville-Whitehall-Hartford)	4:00 PM		Whitehall Jr/Sr High School	Departure Time: 3:20 PM	L
Oct 1, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Oct 2, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Oct 3, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails		
Oct 4, 2025	Sat	Regular Season (GROUT)	@ TBD	9:00 AM	2:00 PM	Schenectady High School Track & Field	Departure Time: 7:00 AM	NL
Oct 7, 2025	Tue	Regular Season	@ Hadley-Luzerne (Corinth/Hadley Luzerne)	4:00 PM		Stuart M. Townsend Elementary School	Departure Time: 3:20 PM	L
Oct 11, 2025	Sat	Regular Season (Burnt Hills Invy)	Shaker High School, Niskayuna High School, Ballston Spa High School, Schuylerville, Greenville, Cato-Meridian (Blue Devils), Gloversville, Colonie High School, TBD @ Burnt Hills-Ballston Lake HS	9:00 AM	5:25 PM	Saratoga Spa State Park	Departure Time: 7:15 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 14, 2025	Tue	Regular Season	North Warren, Hartford (Granville-Whitehall-Hartford)	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		L
Oct 29, 2025	Wed	Meet (Adirondack League Championships)	Vs. Multiple	3:00 PM		Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 1:20 PM	NL
Nov 8, 2025	Sat	Regular Season (Section 2 XC Championships)	Amsterdam, Schuylerville @ Queensbury	11:00 AM		Queensbury HS, Trails @ Elem. School		L
Nov 8, 2025	Sat	Post-Season (Cross Country Sectionals)	@ TBD	1:00 PM		TBD	<b>Departure Time:</b> 11:00 AM	NL

Date: 2025-12-17