



# Lake George

## (B) MOD7/8/9 Outdoor Track

### Coaches:

- Garrett Smith
- Jessica Egan

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 18, 2024	Mon	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary		
Mar 19, 2024	Tue	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary		
Mar 20, 2024	Wed	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary		
Mar 21, 2024	Thu	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary		
Mar 22, 2024	Fri	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary		
Mar 25, 2024	Mon	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary		
Mar 26, 2024	Tue	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary		
Mar 27, 2024	Wed	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary		
Apr 9, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
Apr 10, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
Apr 11, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
Apr 12, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
Apr 15, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
Apr 16, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
Apr 17, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
Apr 18, 2024	Thu	Regular Season	Corinth (Corinth/HL), Granville, Salem, Whitehall	4:30 PM		Lake George Elementary School - #8 Track		L
Apr 19, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
CANCELLED Apr 22, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
Apr 23, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
Apr 24, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
Apr 25, 2024	Thu	Regular Season	Corinth (Corinth/HL), Salem, Whitehall @ Granville	4:30 PM		Sam Eppolito Track Complex	<b>Departure Time:</b> 3:20 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 29, 2024	Mon	Regular Season (Mod Madness)	@ TBD	4:45 PM		Track	<b>Departure Time:</b> 3:20 PM	NL
Apr 30, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
May 1, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
May 2, 2024	Thu	Regular Season	Granville, Salem, Whitehall @ Corinth (Corinth/HL)	4:30 PM		Corinth Elementary	<b>Departure Time:</b> 3:30 PM	L
May 3, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
May 6, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
May 7, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
May 8, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
May 9, 2024	Thu	Regular Season	Corinth (Corinth/HL), Granville, Whitehall @ Salem	4:30 PM		Salem High School	<b>Departure Time:</b> 3:20 PM	L
May 10, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
May 13, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
May 14, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
May 15, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
May 15, 2024	Wed	Regular Season	Corinth (Corinth/HL), Granville, Salem @ Whitehall	4:30 PM		Whitehall Jr/Sr High School	<b>Departure Time:</b> 3:20 PM	L
May 17, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track		
May 17, 2024	Fri	Regular Season (Stillwater Mod Invy)	@ TBD	4:30 PM		Track	<b>Departure Time:</b> 3:15 PM	NL

Date: 2024-05-18