



Lake George

(B) V Outdoor Track

Coaches:

- Steve Guidetti, Head Coach
- Kevin Burrall
- Cody Stinson
- Jenna Smith
- Christopher Brown

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Mar 17, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 18, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 19, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 20, 2025	Thu	Practice	N/A	3:30 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center	
Mar 21, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 24, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 25, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center	
Mar 26, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track	
Mar 27, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track	
Mar 28, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #8 Track	
Mar 31, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 1, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 2, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George High School High School - Gymnasium Lobby	
Apr 3, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	
Apr 4, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 7, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
Apr 9, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
Apr 10, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
Apr 11, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
Apr 23, 2025	Wed	Regular Season	Whitehall	4:30 PM		Lake George Elementary School - #8 Track		L
Apr 24, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
Apr 24, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
Apr 25, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
Apr 25, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
Apr 26, 2025	Sat	Regular Season (Anthony Luciano Memorial Invitational 2025)	Otter Valley High School, Ausable Valley, Ballston Spa High School, Broadalbin-Perth, Gloversville, Queensbury, Greenwich, Glens Falls, South Glens Falls, Mount Anthony, Hoosic Valley, Averill Park High School, Niskayuna High School, Beekmantown, Schuylerville, TBD, Emma Willard, Albany Academies, Ichabod Crane @ Hudson Falls	9:30 AM		Hudson Falls HS	Departure Time: 8:00 AM	NL
Apr 28, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
Apr 28, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
Apr 29, 2025	Tue	Regular Season	Corinth (Corinth/HL)	4:30 PM		Lake George Elementary School - #8 Track		L
Apr 30, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 30, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 1, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 1, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 2, 2025	Fri	Regular Season (George Muse Relays)	@ Glens Falls	4:00 PM		Glens Falls High School Track	Departure Time: 2:00 PM	L
May 5, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center		
May 6, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 7, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 8, 2025	Thu	Regular Season	@ Granville	4:00 PM		Sam Eppolito Track Complex	Departure Time: 3:15 PM	L
May 9, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George High School - Weightroom/Fitness Center		
May 10, 2025	Sat	Regular Season (QBY Track Invy)	Granville, Galway, Saratoga Springs High School, Maple Hill, Lake Placid, Schuylerville, Hudson Falls @ Queensbury	9:30 AM		Queensbury HS Stadium/Track	Departure Time: 8:00 AM	NL
May 13, 2025	Tue	Regular Season (Last Chance Invy)	Granville, Corinth (Corinth/HL), Whitehall	4:30 PM		Lake George Elementary School - #8 Track		L
May 16, 2025	Fri	Regular Season (ADK League Championships)	Granville, Corinth (Corinth/HL), Hadley-Luzerne (Corinth/HL)	4:00 PM		Lake George Elementary School - #8 Track		L
May 17, 2025	Sat	Regular Season (Eddy Meet)	@ TBD	8:00 AM	7:55 PM	Larry Mulvaney Field	Departure Time: 7:30 AM	L
May 20, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 21, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 22, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George High School - Weightroom/Fitness Center		
May 23, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track		
May 29, 2025	Thu	Post-Season (Sectionals Group 5)	@ TBD	4:00 PM		High School Track	Departure Time: 1:30 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jun 5, 2025	Thu	Post-Season (State Qualifiers)	Christian Brothers Academy, Albany, Saratoga Springs High School, Watervliet, Niskayuna High School, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	Departure Time: 1:30 PM	L
Jun 6, 2025	Fri	Post-Season (State Qualifiers)	Christian Brothers Academy, Albany, Saratoga Springs High School, Watervliet, Niskayuna High School, Shaker High School @ Shenendehowa High School	4:00 PM	8:00 PM	Shen High School East Stadium (Track)	Departure Time: 1:30 PM	L
Jun 13, 2025	Fri	Post-Season (State Meet)	@ TBD	12:00 PM		Middletown High School	Departure Date: Jun 12, 2025 Departure Time: 2:45 PM	L
Jun 14, 2025	Sat	Post-Season (State Meet)	@ TBD	8:00 AM		Middletown High School		L

Date: 2025-12-17