



# Lake George (B) V Outdoor Track

## Coaches:

- Steve Guidetti, Head Coach
- Kevin Burrall
- Cody Stinson
- Jenna Smith
- Christopher Brown

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 12, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George High School			
Mar 13, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George High School			
Mar 14, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George High School			
Mar 15, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George High School			
Mar 18, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Mar 19, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Mar 20, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Mar 21, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George High School - Gymnasium			
Mar 22, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Mar 25, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George High School - Weightroom/Fitness Center			
Mar 26, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George High School - Weightroom/Fitness Center			
Mar 27, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George High School - Weightroom/Fitness Center			
Mar 28, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Lake George High School High School - Gymnasium Lobby			
Apr 2, 2024	Tue	Practice	N/A	9:00 AM	10:30 AM	Lake George Elementary School - #8 Track			
Apr 4, 2024	Thu	Practice	N/A	9:00 AM	10:30 AM	Lake George Elementary School - #8 Track			
Apr 8, 2024	Mon	Practice	N/A	5:30 PM	7:00 PM	Lake George Elementary School - #8 Track			
Apr 9, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 10, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 11, 2024	Thu	Regular Season	@ Salem (Cambridge-Salem)	4:30 PM		Salem High School	Departure Time: 3:20 PM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 12, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 15, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 16, 2024	Tue	Regular Season	Warrensburg	4:30 PM		Lake George Elementary School - #8 Track			L
Apr 17, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 18, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 19, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 20, 2024	Sat	Regular Season (Stillwater Relays )	@ Stillwater	9:00 AM		Track	Departure Time: 7:00 AM		NL
Apr 22, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 23, 2024	Tue	Regular Season	Corinth (Corinth/HL)	4:30 PM		Lake George Elementary School - #8 Track			L
Apr 24, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 25, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 26, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 27, 2024	Sat	Regular Season (Luciano Track Invitational)	Schuylerville, Burnt Hills-Ballston Lake HS, Ballston Spa High School, Broadalbin-Perth, Saratoga Springs High School, South Glens Falls @ Hudson Falls	10:00 AM		Hudson Falls HS	Departure Time: 8:00 AM		NL
Apr 29, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
Apr 30, 2024	Tue	Regular Season	@ Whitehall	4:00 PM		Whitehall Jr/Sr High School	Departure Time: 3:20 PM		L
May 1, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
May 2, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
May 3, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 4, 2024	Sat	Regular Season (Glens Falls Relays)	@ Glens Falls	1:00 PM		Glens Falls High School Track	<b>Departure Time:</b> 11:45 AM		L
May 6, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
May 7, 2024	Tue	Regular Season	Granville	4:30 PM		Lake George Elementary School - #8 Track			L
May 8, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
May 9, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
May 10, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Lake George Elementary School - #8 Track			
May 11, 2024	Sat	Regular Season (Queensbury Invitational)	Schuylerville, Hudson Falls, Saratoga Springs High School @ Queensbury	9:00 AM		Queensbury HS Stadium/Track	<b>Departure Time:</b> 8:00 AM		NL
May 16, 2024	Thu	Regular Season (League Championships )	Warrensburg, Corinth (Corinth/HL), Salem (Cambridge-Salem), Whitehall @ Granville	4:30 PM		Sam Eppolito Track Complex	<b>Departure Time:</b> 2:45 PM		L
May 18, 2024	Sat	Regular Season (Eddy Meet )	@ TBD	9:00 AM		Larry Mulvaney Field	<b>Departure Time:</b> 7:00 AM		NL
May 23, 2024	Thu	Post-Season (Sectionals)	@ TBD	4:15 PM		High School Track	<b>Departure Time:</b> 2:00 PM		NL
May 30, 2024	Thu	Post-Season (State Qualifiers)	@ Guilderland High School	4:00 PM	5:00 PM	GHS Track	<b>Departure Time:</b> 2:00 PM		NL
May 31, 2024	Fri	Post-Season (State Qualifiers)	@ Guilderland High School	4:00 PM		GHS Track	<b>Departure Time:</b> 2:00 PM		NL
Jun 7, 2024	Fri	Post-Season (States)	@ TBD	10:00 AM		CNS HS-Bragman Stadium	<b>Bus/Driver:</b> School Van <b>Departure Date:</b> Jun 6, 2024 <b>Departure Time:</b> 2:45 PM		NL
Jun 8, 2024	Sat	Post-Season (States)	@ TBD	9:00 AM		CNS HS-Bragman Stadium			NL

Date: 2026-01-24