



Lake George (B) V Outdoor Track

Coaches:

- Steve Guidetti
- Kevin Burrall
- Cody Stinson

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|-----------|------------|----------|---|-------------------------|---------------------|
| Mar 12, 2024 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | Lake George High School | | |
| Mar 13, 2024 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Lake George High School | | |
| Mar 14, 2024 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Lake George High School | | |
| Mar 15, 2024 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | Lake George High School | | |
| Mar 18, 2024 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Mar 19, 2024 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Mar 20, 2024 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Mar 21, 2024 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Lake George High School - Gymnasium | | |
| Mar 22, 2024 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Mar 25, 2024 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | Lake George High School - Weightroom/Fitness Center | | |
| Mar 26, 2024 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | Lake George High School - Weightroom/Fitness Center | | |
| Mar 27, 2024 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Lake George High School - Weightroom/Fitness Center | | |
| Mar 28, 2024 | Thu | Practice | N/A | 3:30 PM | 5:00 PM | Lake George High School High School - Gymnasium Lobby | | |
| Apr 2, 2024 | Tue | Practice | N/A | 9:00 AM | 10:30 AM | Lake George Elementary School - #8 Track | | |
| Apr 4, 2024 | Thu | Practice | N/A | 9:00 AM | 10:30 AM | Lake George Elementary School - #8 Track | | |
| Apr 8, 2024 | Mon | Practice | N/A | 5:30 PM | 7:00 PM | Lake George Elementary School - #8 Track | | |
| Apr 9, 2024 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 10, 2024 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 11, 2024 | Thu | Regular Season | @ Salem | 4:30 PM | | Salem High School | Departure Time: 3:20 PM | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|--|-------------------------|---------------------|
| Apr 12, 2024 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 15, 2024 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 16, 2024 | Tue | Regular Season | Warrensburg | 4:30 PM | | Lake George Elementary School - #8 Track | | L |
| Apr 17, 2024 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 18, 2024 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 19, 2024 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 20, 2024 | Sat | Regular Season (Stillwater Relays) | @ Stillwater | 9:00 AM | | Track | Departure Time: 7:00 AM | NL |
| Apr 22, 2024 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 23, 2024 | Tue | Regular Season | Corinth (Corinth/HL) | 4:30 PM | | Lake George Elementary School - #8 Track | | L |
| Apr 24, 2024 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 25, 2024 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 26, 2024 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 27, 2024 | Sat | Regular Season (Luciano Track Invitational) | Schuylerville, Burnt Hills-Ballston Lake HS, Ballston Spa High School, Broadalbin-Perth, Saratoga Springs High School, South Glens Falls @ Hudson Falls | 10:00 AM | | Hudson Falls HS | Departure Time: 8:00 AM | NL |
| Apr 29, 2024 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| Apr 30, 2024 | Tue | Regular Season | @ Whitehall | 4:00 PM | | Whitehall Jr/Sr High School | Departure Time: 3:20 PM | L |
| May 1, 2024 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| May 2, 2024 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| May 3, 2024 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|--|---------------------------------|---------------------|
| May 4, 2024 | Sat | Regular Season (Glens Falls Relays) | @ Glens Falls | 1:00 PM | | Glens Falls High School Track | Departure Time: 11:45 AM | L |
| May 6, 2024 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| May 7, 2024 | Tue | Regular Season | Granville | 4:30 PM | | Lake George Elementary School - #8 Track | | L |
| May 8, 2024 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| May 9, 2024 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| May 10, 2024 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | Lake George Elementary School - #8 Track | | |
| May 11, 2024 | Sat | Regular Season (Queensbury Invitational) | Schuylerville, Hudson Falls, Saratoga Springs High School @ Queensbury | 9:00 AM | | Queensbury HS Stadium/Track | Departure Time: 8:00 AM | NL |
| May 14, 2024 | Tue | Regular Season (Adirondack League Championships) | Warrensburg, Corinth (Corinth/HL), Salem, Whitehall @ Granville | 3:00 PM | | Sam Eppolito Track Complex | Departure Time: 1:00 PM | L |

Date: 2024-05-09