



Lake George

(B) V Skiing (Alpine)

Coaches:

- Kandi Kelley
- Christopher Brown
- Benjamin Davenport

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE TRANSPORTATION / NON-LEAGUE |
|--------------|----------|------------------------------------|-----------|------------|----------|---|--|
| Nov 15, 2022 | Tue | Practice (Alpine Ski Team Meeting) | N/A | 3:30 PM | 4:30 PM | Lake George High School High School - Gymnasium Lobby | |
| Nov 16, 2022 | Wed | Practice (Dryland Training) | N/A | 3:15 PM | 4:30 PM | Lake George High School High School - Gymnasium Lobby | |
| Nov 17, 2022 | Thu | Practice (Dryland Training) | N/A | 3:15 PM | 4:30 PM | Lake George High School High School - Gymnasium Lobby | |
| Nov 28, 2022 | Mon | Practice | N/A | 3:30 PM | 4:45 PM | Lake George High School High School - Gymnasium Lobby | |
| Nov 30, 2022 | Wed | Practice (Dryland Training) | N/A | 3:15 PM | 4:30 PM | Lake George High School High School - Gymnasium Lobby | |
| Dec 1, 2022 | Thu | Practice (Dryland Training) | N/A | 3:15 PM | 4:30 PM | Lake George High School High School - Gymnasium Lobby | |
| Dec 5, 2022 | Mon | Practice (Dryland Training) | N/A | 3:15 PM | 4:30 PM | Lake George High School High School - Gymnasium Lobby | |
| Dec 8, 2022 | Thu | Practice (Dryland Training) | N/A | 3:15 PM | 4:30 PM | Lake George High School High School - Gymnasium Lobby | |
| Dec 9, 2022 | Fri | Practice (Dryland Training) | N/A | 3:15 PM | 4:45 PM | Lake George High School High School - Gymnasium Lobby | |
| Dec 12, 2022 | Mon | Practice | N/A | 3:15 PM | 4:30 PM | Lake George High School - Weightroom/Fitness Center | |
| Dec 13, 2022 | Tue | Practice | N/A | 3:30 PM | 4:45 PM | Lake George High School - Weightroom/Fitness Center | |
| Dec 16, 2022 | Fri | Practice | N/A | 3:30 PM | 4:45 PM | Lake George High School - Weightroom/Fitness Center | |
| Dec 19, 2022 | Mon | Practice | N/A | 3:15 PM | 4:30 PM | Lake George High School High School - Gymnasium Lobby | |
| Dec 21, 2022 | Wed | Practice | N/A | 3:15 PM | 4:30 PM | Lake George High School High School - Gymnasium Lobby | |
| Jan 3, 2023 | Tue | Practice | N/A | TBD | | West Mountain Ski Resort | Departure Time: 3:30 PM |
| Jan 4, 2023 | Wed | Practice | N/A | TBD | | West Mountain Ski Resort | Departure Time: 3:30 PM |
| Jan 5, 2023 | Thu | Practice | N/A | TBD | | West Mountain Ski Resort | Departure Time: 3:30 PM |
| Jan 6, 2023 | Fri | Practice | N/A | 3:30 PM | 6:00 PM | West Mountain Ski Resort | Departure Point: Bridge Departure Time: 3:30 PM |
| Jan 9, 2023 | Mon | Practice | N/A | TBD | | West Mountain Ski Resort | Departure Time: 3:30 PM |
| Jan 10, 2023 | Tue | Practice | N/A | 3:30 PM | 6:00 PM | West Mountain Ski Resort | Departure Point: Bridge Departure Time: 3:30 PM |
| Jan 11, 2023 | Wed | Practice | N/A | 3:30 PM | 6:00 PM | West Mountain Ski Resort | Departure Time: 3:15 PM |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|---|--|------------|----------|--------------------------|--|---------------------|
| POSTPONED Jan 16, 2023 | Mon | Regular Season (Broadalbin-Perth Invy - 1 Run GS) | Glens Falls (Coed Alpine), Schuylerville (Schuylerville/Greenwich Alpine), Johnstown (Alpine), Queensbury (Alpine), Saratoga Springs High School (Alpine), Shenendehowa High School (Alpine), Niskayuna High School (Alpine), Albany Academies, Ballston Spa High School (Alpine), Stillwater (Alpine), Shaker High School (Alpine), South Glens Falls @ Broadalbin-Perth (BP/Amsterdam Alpine Skiing) | 10:00 AM | | Oak Mountain Ski Center | Departure Time: 7:15 AM | L |
| Jan 17, 2023 | Tue | Practice | N/A | 3:30 PM | 6:00 PM | West Mountain Ski Resort | Departure Point: Bridge Departure Time: 3:30 PM | |
| Jan 18, 2023 | Wed | Practice | N/A | 3:30 PM | 6:00 PM | West Mountain Ski Resort | Departure Point: Bridge Departure Time: 3:30 PM | |
| Jan 18, 2023 | Wed | Regular Season (The Niskayuna Invy) | Queensbury (Alpine), Schuylerville (Schuylerville/Greenwich Alpine), Ballston Spa High School (Alpine), Saratoga Springs High School (Alpine), Johnstown (Alpine), Glens Falls (Coed Alpine) @ Niskayuna High School (Alpine) | 5:00 PM | | West Mountain | Departure Time: 3:00 PM | NL |
| Jan 24, 2023 | Tue | Practice | N/A | 3:30 PM | 6:00 PM | West Mountain Ski Resort | Departure Point: Bridge Departure Time: 3:30 PM | |
| POSTPONED Jan 25, 2023 | Wed | Regular Season (Glens Falls Invy) | TBD | 5:00 PM | | West Mountain Ski Resort | Departure Time: 3:00 PM | L |
| Jan 26, 2023 | Thu | Practice (SL Training at West Mountain) | N/A | 3:30 PM | 6:00 PM | West Mountain Ski Resort | Departure Date: Jan 26, 2023 Departure Time: 3:30 PM | |
| Jan 28, 2023 | Sat | Regular Season (Johnstown Invy) | Johnstown (Alpine) | 9:30 AM | | Royal Mountain | Departure Time: 6:30 AM | NL |
| Jan 30, 2023 | Mon | Regular Season (Brandon Sherwood Mem.) | TBD | 5:00 PM | | West Mountain Ski Resort | Departure Time: 3:00 PM | L |
| Jan 31, 2023 | Tue | Practice | N/A | 3:30 PM | 6:00 PM | West Mountain Ski Resort | Departure Point: Bridge Departure Time: 3:30 PM | |
| Feb 1, 2023 | Wed | Practice | N/A | 4:00 PM | 6:00 PM | West Mountain Ski Resort | Departure Point: Bridge Departure Time: 3:30 PM | |
| Feb 1, 2023 | Wed | Regular Season (Saratoga Invy) | @ TBD | 5:00 PM | | Willard Mountain | Departure Point: Under the Bridge Departure Time: 1:45 PM | L |

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|------------------------|----------|--|--|------------|----------|--------------------------|--------------------------|--|
| Feb 6, 2023 | Mon | Regular Season (Stillwater Invitational) | Stillwater (Alpine) | 5:00 PM | | Willard Mountain | Class Dismissal: 2:15 PM | Departure Time: 2:30 PM L |
| Feb 7, 2023 | Tue | Practice | N/A | 3:30 PM | 6:00 PM | West Mountain Ski Resort | | Departure Point: Bridge Departure Time: 3:30 PM |
| Feb 8, 2023 | Wed | Regular Season (Queensbury Invitational) | Ballston Spa High School (Alpine), Saratoga Springs High School (Alpine), Johnstown (Alpine) @ Queensbury (Alpine) | 5:00 PM | | West Mountain | | Departure Time: 3:00 PM L |
| Feb 13, 2023 | Mon | Practice | N/A | 3:30 PM | 6:00 PM | West Mountain Ski Resort | | Departure Point: Bridge Departure Time: 3:30 PM |
| Feb 14, 2023 | Tue | Regular Season (Sectional Championship) | TBD | 9:30 AM | | West Mountain Ski Resort | | Departure Time: 7:00 AM L |
| CANCELLED Feb 27, 2023 | Mon | Regular Season (State Championship) | TBD | 9:30 AM | | bristol mountain | | Departure Time: 7:00 AM L |

Date: 2026-01-10