



# Lake George

## (B) V Skiing (Alpine)

### Coaches:

- Kandi Kelley
- Christopher Brown

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 15, 2022	Tue	Practice (Alpine Ski Team Meeting)	N/A	3:30 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby			
Nov 16, 2022	Wed	Practice (Dryland Training )	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby			
Nov 17, 2022	Thu	Practice (Dryland Training )	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby			
Nov 28, 2022	Mon	Practice	N/A	3:30 PM	4:45 PM	Lake George High School High School - Gymnasium Lobby			
Nov 30, 2022	Wed	Practice (Dryland Training )	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby			
Dec 1, 2022	Thu	Practice (Dryland Training )	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby			
Dec 5, 2022	Mon	Practice (Dryland Training )	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby			
Dec 8, 2022	Thu	Practice (Dryland Training )	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby			
Dec 9, 2022	Fri	Practice (Dryland Training )	N/A	3:15 PM	4:45 PM	Lake George High School High School - Gymnasium Lobby			
Dec 12, 2022	Mon	Practice	N/A	3:15 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center			
Dec 13, 2022	Tue	Practice	N/A	3:30 PM	4:45 PM	Lake George High School - Weightroom/Fitness Center			
Dec 16, 2022	Fri	Practice	N/A	3:30 PM	4:45 PM	Lake George High School - Weightroom/Fitness Center			
Dec 19, 2022	Mon	Practice	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby			
Dec 21, 2022	Wed	Practice	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby			
Jan 3, 2023	Tue	Practice	N/A	TBD		West Mountain Ski Resort	Departure Time: 3:30 PM		
Jan 4, 2023	Wed	Practice	N/A	TBD		West Mountain Ski Resort	Departure Time: 3:30 PM		
Jan 5, 2023	Thu	Practice	N/A	TBD		West Mountain Ski Resort	Departure Time: 3:30 PM		
Jan 6, 2023	Fri	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort	Departure Point: Bridge Departure Time: 3:30 PM		
Jan 9, 2023	Mon	Practice	N/A	TBD		West Mountain Ski Resort	Departure Time: 3:30 PM		
Jan 10, 2023	Tue	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort	Departure Point: Bridge Departure Time: 3:30 PM		
Jan 11, 2023	Wed	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort	Departure Time: 3:15 PM		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
POSTPONED Jan 16, 2023	Mon	Regular Season (Broadalbin-Perth Invy - 1 Run GS)	Glens Falls (Coed Alpine), Schuylerville (Schuylerville/Greenwich Alpine), Johnstown (Alpine), Queensbury (Alpine), Saratoga Springs High School (Alpine), Christian Brothers Academy, Albany (Cross Country), Shenendehowa High School (Alpine), Niskayuna High School (Alpine), Albany Academies, Ballston Spa High School (Alpine), Stillwater (Alpine), Shaker High School (Alpine), South Glens Falls @ Broadalbin-Perth (BP/Amsterdam Alpine Skiing)	10:00 AM		Oak Mountain Ski Center	Departure Time: 7:15 AM		L
Jan 17, 2023	Tue	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort	Departure Point: Bridge Departure Time: 3:30 PM		
Jan 18, 2023	Wed	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort	Departure Point: Bridge Departure Time: 3:30 PM		
Jan 18, 2023	Wed	Regular Season (The Niskayuna Invy)	Queensbury (Alpine), Schuylerville (Schuylerville/Greenwich Alpine), Ballston Spa High School (Alpine), Saratoga Springs High School (Alpine), Johnstown (Alpine), Glens Falls (Coed Alpine) @ Niskayuna High School (Alpine)	5:00 PM		West Mountain	Departure Time: 3:00 PM		NL
Jan 24, 2023	Tue	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort	Departure Point: Bridge Departure Time: 3:30 PM		
POSTPONED Jan 25, 2023	Wed	Regular Season (Glens Falls Invy)	TBD	5:00 PM		West Mountain Ski Resort	Departure Time: 3:00 PM		L
Jan 26, 2023	Thu	Practice (SL Training at West Mountain)	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort	Departure Date: Jan 26, 2023 Departure Time: 3:30 PM		
Jan 28, 2023	Sat	Regular Season (Johnstown Invy )	Johnstown (Alpine)	9:30 AM		Royal Mountain	Departure Time: 6:30 AM		NL
Jan 30, 2023	Mon	Regular Season (Brandon Sherwood Mem. )	TBD	5:00 PM		West Mountain Ski Resort	Departure Time: 3:00 PM		L
Jan 31, 2023	Tue	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort	Departure Point: Bridge Departure Time: 3:30 PM		
Feb 1, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	West Mountain Ski Resort	Departure Point: Bridge Departure Time: 3:30 PM		
Feb 1, 2023	Wed	Regular Season (Saratoga Invy )	@ TBD	5:00 PM		Willard Mountain	Departure Point: Under the Bridge Departure Time: 1:45 PM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 6, 2023	Mon	Regular Season (Stillwater Invy)	Stillwater (Alpine)	5:00 PM		Willard Mountain	<b>Class Dismissal:</b> 2:15 PM	<b>Departure Time:</b> 2:30 PM	L
Feb 7, 2023	Tue	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort		<b>Departure Point:</b> Bridge <b>Departure Time:</b> 3:30 PM	
Feb 8, 2023	Wed	Regular Season (Queensbury Invy )	Ballston Spa High School (Alpine), Saratoga Springs High School (Alpine), Johnstown (Alpine) @ Queensbury (Alpine)	5:00 PM		West Mountain		<b>Departure Time:</b> 3:00 PM	L
Feb 13, 2023	Mon	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort		<b>Departure Point:</b> Bridge <b>Departure Time:</b> 3:30 PM	
Feb 14, 2023	Tue	Regular Season (Sectional Championship )	TBD	9:30 AM		West Mountain Ski Resort		<b>Departure Time:</b> 7:00 AM	L
CANCELLED Feb 27, 2023	Mon	Regular Season (State Championship)	TBD	9:30 AM		bristol mountain		<b>Departure Time:</b> 7:00 AM	L

Date: 2024-06-01