



Lake George

(B) V Skiing (Alpine)

Coaches:

- Kandi Kelley
- Christopher Brown

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 15, 2022	Tue	Practice (Alpine Ski Team Meeting)	N/A	3:30 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby		
Nov 16, 2022	Wed	Practice (Dryland Training)	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby		
Nov 17, 2022	Thu	Practice (Dryland Training)	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby		
Nov 28, 2022	Mon	Practice	N/A	3:30 PM	4:45 PM	Lake George High School High School - Gymnasium Lobby		
Nov 30, 2022	Wed	Practice (Dryland Training)	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby		
Dec 1, 2022	Thu	Practice (Dryland Training)	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby		
Dec 5, 2022	Mon	Practice (Dryland Training)	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby		
Dec 8, 2022	Thu	Practice (Dryland Training)	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby		
Dec 9, 2022	Fri	Practice (Dryland Training)	N/A	3:15 PM	4:45 PM	Lake George High School High School - Gymnasium Lobby		
Dec 12, 2022	Mon	Practice	N/A	3:15 PM	4:30 PM	Lake George High School - Weightroom/Fitness Center		
Dec 13, 2022	Tue	Practice	N/A	3:30 PM	4:45 PM	Lake George High School - Weightroom/Fitness Center		
Dec 16, 2022	Fri	Practice	N/A	3:30 PM	4:45 PM	Lake George High School - Weightroom/Fitness Center		
Dec 19, 2022	Mon	Practice	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby		
Dec 21, 2022	Wed	Practice	N/A	3:15 PM	4:30 PM	Lake George High School High School - Gymnasium Lobby		
Jan 3, 2023	Tue	Practice	N/A	TBD		West Mountain Ski Resort	Departure Time: 3:30 PM	
Jan 4, 2023	Wed	Practice	N/A	TBD		West Mountain Ski Resort	Departure Time: 3:30 PM	
Jan 5, 2023	Thu	Practice	N/A	TBD		West Mountain Ski Resort	Departure Time: 3:30 PM	
Jan 6, 2023	Fri	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort	Departure Point: Bridge Departure Time: 3:30 PM	
Jan 9, 2023	Mon	Practice	N/A	TBD		West Mountain Ski Resort	Departure Time: 3:30 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Jan 10, 2023	Tue	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort		Departure Point: Bridge Departure Time: 3:30 PM	
Jan 11, 2023	Wed	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort		Departure Time: 3:15 PM	
Jan 17, 2023	Tue	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort		Departure Point: Bridge Departure Time: 3:30 PM	
Jan 18, 2023	Wed	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort		Departure Point: Bridge Departure Time: 3:30 PM	
Jan 24, 2023	Tue	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort		Departure Point: Bridge Departure Time: 3:30 PM	
POSTPONED Jan 25, 2023	Wed	Regular Season (Glens Falls Invy)	TBD	5:00 PM		West Mountain Ski Resort		Departure Time: 3:00 PM	L
Jan 26, 2023	Thu	Practice (SL Training at West Mountain)	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort		Departure Date: Jan 26, 2023 Departure Time: 3:30 PM	
Jan 28, 2023	Sat	Regular Season (Johnstown Invy)	Johnstown (Alpine)	9:30 AM		Royal Mountain		Departure Time: 6:30 AM	NL
Jan 30, 2023	Mon	Regular Season (Brandon Sherwood Mem.)	TBD	5:00 PM		West Mountain Ski Resort		Departure Time: 3:00 PM	L
Jan 31, 2023	Tue	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort		Departure Point: Bridge Departure Time: 3:30 PM	
Feb 1, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	West Mountain Ski Resort		Departure Point: Bridge Departure Time: 3:30 PM	
Feb 6, 2023	Mon	Regular Season (Stillwater Invy)	Stillwater (Alpine)	5:00 PM		Willard Mountain	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	L
Feb 7, 2023	Tue	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort		Departure Point: Bridge Departure Time: 3:30 PM	
Feb 13, 2023	Mon	Practice	N/A	3:30 PM	6:00 PM	West Mountain Ski Resort		Departure Point: Bridge Departure Time: 3:30 PM	
Feb 14, 2023	Tue	Regular Season (Sectional Championship)	TBD	9:30 AM		West Mountain Ski Resort		Departure Time: 7:00 AM	L
CANCELLED Feb 27, 2023	Mon	Regular Season (State Championship)	TBD	9:30 AM		bristol mountain		Departure Time: 7:00 AM	L

Date: 2024-05-17