



# Lake George

## (B) MOD7/8/9 Cross Country

### Coaches:

- Cody Stinson
- Zoe Mather
- Steve Guidetti
- Garrett Smith
- Kevin Burrall

| DATE         | WEEK DAY | TYPE                             | OPPONENTS    | START TIME | END TIME | LOCATION   | TRANSPORTATION                    | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------------------------|--------------|------------|----------|--|-----------------------------------|---------------------|
| Aug 30, 2021 | Mon      | Practice                         | N/A          | 8:00 AM    | 9:00 AM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Aug 31, 2021 | Tue      | Practice                         | N/A          | 8:00 AM    | 9:00 AM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Sep 1, 2021  | Wed      | Practice                         | N/A          | 8:00 AM    | 9:00 AM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Sep 2, 2021  | Thu      | Practice                         | N/A          | 8:00 AM    | 9:00 AM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Sep 3, 2021  | Fri      | Practice                         | N/A          | 8:00 AM    | 9:00 AM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Sep 6, 2021  | Mon      | Practice                         | N/A          | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Sep 7, 2021  | Tue      | Practice                         | N/A          | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Sep 8, 2021  | Wed      | Practice                         | N/A          | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Sep 9, 2021  | Thu      | Practice                         | N/A          | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Sep 10, 2021 | Fri      | Practice                         | N/A          | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Sep 13, 2021 | Mon      | Practice                         | N/A          | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Sep 14, 2021 | Tue      | Meet (ADK Pre Season Scrimmage ) | Vs. Multiple | 4:00 PM    |          | Queensbury HS, Trails @ Elem. School                     | <b>Departure Time:</b><br>3:15 PM | NL                  |
| Sep 15, 2021 | Wed      | Practice                         | N/A          | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |
| Sep 16, 2021 | Thu      | Practice                         | N/A          | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                   |                     |

| DATE         | WEEK DAY | TYPE                              | OPPONENTS  | START TIME | END TIME | LOCATION   | TRANSPORTATION                 | LEAGUE / NON-LEAGUE |
|--------------|----------|-----------------------------------|--|------------|----------|--|--------------------------------|---------------------|
| Sep 17, 2021 | Fri      | Practice                          | N/A  | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                |                     |
| Sep 18, 2021 | Sat      | Regular Season (Queensbury Invy)  | @ Queensbury   | 9:00 AM    |          | Queensbury HS, Trails @ Elem. School                     | <b>Departure Time:</b> 7:30 AM | NL                  |
| Sep 20, 2021 | Mon      | Practice                          | N/A  | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                |                     |
| Sep 21, 2021 | Tue      | Regular Season                    | Argyle (Fort Edward/Argyle)  | 4:00 PM    |          | Lake George Elementary School - #12 Cross Country Trails |                                | L                   |
| Sep 22, 2021 | Wed      | Practice                          | N/A  | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                |                     |
| Sep 23, 2021 | Thu      | Practice                          | N/A  | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                |                     |
| Sep 24, 2021 | Fri      | Practice                          | N/A  | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                |                     |
| Sep 25, 2021 | Sat      | Regular Season (KDAWG Invy)       | @ TBD  | 8:00 AM    |          | Moreau Recreational Park                                 | <b>Departure Time:</b> 7:30 AM | NL                  |
| Sep 27, 2021 | Mon      | Practice                          | N/A  | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                |                     |
| Sep 28, 2021 | Tue      | Regular Season                    | Hadley-Luzerne (Corinth/Hadley Luzerne) @ Warrensburg (Warrensburg - Bolton)       | 4:00 PM    |          | Warrensburg Recreation Field                             | <b>Departure Time:</b> 3:15 PM | L                   |
| Sep 29, 2021 | Wed      | Practice                          | N/A  | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                |                     |
| Sep 30, 2021 | Thu      | Practice                          | N/A  | 3:30 PM    | 4:30 PM  | Lake George Elementary School - #12 Cross Country Trails |                                |                     |
| Oct 2, 2021  | Sat      | Regular Season (Grout Invy)       | @ TBD  | 8:00 AM    |          | Central Park   | <b>Departure Time:</b> 7:00 AM | NL                  |
| Oct 5, 2021  | Tue      | Regular Season                    | Hartford (Granville-Whitehall-Hartford) @ Whitehall (Granville-Whitehall-Hartford) | 4:00 PM    |          | TBD  | <b>Departure Time:</b> 3:15 PM | L                   |
| Oct 12, 2021 | Tue      | Regular Season                    | Corinth (Corinth/Hadley Luzerne), North Warren                                     | 4:00 PM    |          | Lake George Elementary School - #12 Cross Country Trails |                                | L                   |
| Oct 16, 2021 | Sat      | Regular Season (Burnt Hills Invy) | @ TBD  | 8:00 AM    |          | Spa Park   | <b>Departure Time:</b> 7:15 AM | NL                  |

| DATE         | WEEK DAY | TYPE                            | OPPONENTS  | START TIME | END TIME | LOCATION   | TRANSPORTATION / NON-LEAGUE    | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------------------|--|------------|----------|--|--------------------------------|---------------------|
| Oct 19, 2021 | Tue      | Regular Season                  | Corinth (Corinth/Hadley Luzerne), Hartford (Granville-Whitehall-Hartford), Greenwich, Hoosic Valley, Tamarac, Waldorf School of Saratoga Springs | 4:00 PM    |          | Lake George Elementary School - #12 Cross Country Trails |                                | L                   |
| Oct 28, 2021 | Thu      | Meet (ADK League Championships) | Vs. Multiple   | 3:00 PM    |          | Queensbury HS, Trails @ Elem. School                     | <b>Departure Time:</b> 1:00 PM | NL                  |

Date: 2024-04-25