



# Lake George

## (B) MOD7/8/9 Cross Country

### Coaches:

- Cody Stinson
- Zoe Mather
- Steve Guidetti
- Garrett Smith
- Kevin Burrall

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 30, 2021	Mon	Practice	N/A	8:00 AM	9:00 AM	Lake George Elementary School - #12 Cross Country Trails		
Aug 31, 2021	Tue	Practice	N/A	8:00 AM	9:00 AM	Lake George Elementary School - #12 Cross Country Trails		
Sep 1, 2021	Wed	Practice	N/A	8:00 AM	9:00 AM	Lake George Elementary School - #12 Cross Country Trails		
Sep 2, 2021	Thu	Practice	N/A	8:00 AM	9:00 AM	Lake George Elementary School - #12 Cross Country Trails		
Sep 3, 2021	Fri	Practice	N/A	8:00 AM	9:00 AM	Lake George Elementary School - #12 Cross Country Trails		
Sep 6, 2021	Mon	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 7, 2021	Tue	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 8, 2021	Wed	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 9, 2021	Thu	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 10, 2021	Fri	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 13, 2021	Mon	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 14, 2021	Tue	Meet (ADK Pre Season Scrimmage )	Vs. Multiple	4:00 PM		Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 3:15 PM	NL
Sep 15, 2021	Wed	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 16, 2021	Thu	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		

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Sep 17, 2021	Fri	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 18, 2021	Sat	Regular Season (Queensbury Invy)	@ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 7:30 AM	NL
Sep 20, 2021	Mon	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 21, 2021	Tue	Regular Season	Argyle (Fort Edward/Argyle)	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		L
Sep 22, 2021	Wed	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 23, 2021	Thu	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 24, 2021	Fri	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 25, 2021	Sat	Regular Season (KDAWG Invy)	@ TBD	8:00 AM		Moreau Recreational Park	<b>Departure Time:</b> 7:30 AM	NL
Sep 27, 2021	Mon	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 28, 2021	Tue	Regular Season	Hadley-Luzerne (Corinth/Hadley Luzerne) @ Warrensburg (Warrensburg - Bolton)	4:00 PM		Warrensburg Recreation Field	<b>Departure Time:</b> 3:15 PM	L
Sep 29, 2021	Wed	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Sep 30, 2021	Thu	Practice	N/A	3:30 PM	4:30 PM	Lake George Elementary School - #12 Cross Country Trails		
Oct 2, 2021	Sat	Regular Season (Grout Invy)	@ TBD	8:00 AM		Central Park	<b>Departure Time:</b> 7:00 AM	NL
Oct 5, 2021	Tue	Regular Season	Hartford (Granville-Whitehall-Hartford) @ Whitehall (Granville-Whitehall-Hartford)	4:00 PM		TBD	<b>Departure Time:</b> 3:15 PM	L
Oct 12, 2021	Tue	Regular Season	Corinth (Corinth/Hadley Luzerne), North Warren	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		L
Oct 16, 2021	Sat	Regular Season (Burnt Hills Invy)	@ TBD	8:00 AM		Spa Park	<b>Departure Time:</b> 7:15 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 19, 2021	Tue	Regular Season	Corinth (Corinth/Hadley Luzerne), Hartford (Granville-Whitehall-Hartford), Greenwich, Hoosic Valley, Tamarac, Waldorf School of Saratoga Springs	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		L
Oct 28, 2021	Thu	Meet (ADK League Championships)	Vs. Multiple	3:00 PM		Queensbury HS, Trails @ Elem. School	Departure Time: 1:00 PM	NL

Date: 2024-05-04