



# Lake George (B) V Cross Country

## Coaches:

- Garrett Smith, Head Coach
- Cody Stinson
- Steve Guidetti
- Kevin Burrall

| DATE         | WEEK DAY | TYPE                                       | OPPONENTS  | START TIME | END TIME | LOCATION                             | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|--------------------------------------|---|---------------------|
| Sep 23, 2023 | Sat      | Regular Season (Queensbury Invy)           | @ TBD  | 8:00 AM    |          | Queensbury HS, Trails @ Elem. School | <b>Departure Time:</b> 7:30 AM  | L                   |
| Sep 30, 2023 | Sat      | Regular Season (Kdawg)                     | @ TBD  | 8:00 AM    |          | Moreau Recreational Park             | <b>Departure Time:</b> 7:30 AM  | L                   |
| Oct 3, 2023  | Tue      | Regular Season                             | Hartford (Granville-Whitehall-Hartford) @ Granville (Granville-Whitehall-Hartford) | 4:00 PM    |          | Sam Eppolito Track Complex           | <b>Departure Time:</b> 3:15 PM  | L                   |
| Oct 7, 2023  | Sat      | Regular Season (Grout-Schenectady )        | @ TBD  | 8:00 AM    |          | Central Park                         | <b>Departure Time:</b> 7:00 AM  | L                   |
| Oct 10, 2023 | Tue      | Regular Season                             | @ Hadley-Luzerne (Corinth/Hadley Luzerne)  | 4:00 PM    |          | Stuart M. Townsend Elementary School | <b>Departure Time:</b> 3:30 PM  | L                   |
| Oct 14, 2023 | Sat      | Regular Season (Burnt Hills Invy )         | @ TBD  | 9:00 AM    |          | Spa Park                             | <b>Departure Time:</b> 7:30 AM  | NL                  |
| Oct 26, 2023 | Thu      | Meet (Adirondack League Championships)     | Vs. Multiple   | 4:30 PM    |          | Queensbury HS, Trails @ Elem. School | <b>Departure Time:</b> 3:30 PM  | NL                  |
| Nov 4, 2023  | Sat      | Post-Season (Sectionals)                   | @ TBD  | 12:30 PM   |          | Queensbury HS                        | <b>Departure Time:</b> 10:00 AM   | NL                  |
| Nov 11, 2023 | Sat      | Post-Season (NYSPHSAA State Championships) | @ TBD  | 11:00 AM   |          | Cross Country Course                 | <b>Departure Point:</b> Wilton Mall (Dicks Sporting Goods)<br><b>Departure Date:</b> Nov 10, 2023<br><b>Departure Time:</b> 9:30 AM | NL                  |

Date: 2024-04-25