

North Rockland (G) V Swimming/Diving

Coaches:

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------------------------|---|------------|----------|--------------------|----------------|---------------------|
| Sep 8, 2022 | Thu | Regular Season | New Rochelle | 4:30 PM | | TBD | | L |
| Sep 14, 2022 | Wed | Regular Season | Mamaroneck | 5:00 PM | 7:00 PM | North Rockland HS | | L |
| Sep 21, 2022 | Wed | Regular Season | Sleepy Hollow | 5:00 PM | | North Rockland HS | | L |
| Oct 6, 2022 | Thu | Regular Season | @ Tappan Zee HS | 4:30 PM | | SOMS Swimming Pool | | L |
| Oct 29, 2022 | Sat | Post-Season (Conference Championship) | New Rochelle, Arlington, Eastchester, Lakeland, Mamaroneck, Ossining, Pelham, Scarsdale, Tappan Zee HS @ Bronxville | 1:00 PM | | SUNY Purchase | | NL |

Date: 2026-01-08