

North Rockland

(G) V Swimming/Diving

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 8, 2022	Thu	Regular Season	New Rochelle	4:30 PM		TBD		L
Sep 14, 2022	Wed	Regular Season	Mamaroneck	5:00 PM	7:00 PM	North Rockland HS		L
Sep 21, 2022	Wed	Regular Season	Sleepy Hollow	5:00 PM		North Rockland HS		L
Oct 6, 2022	Thu	Regular Season	@ Tappan Zee HS	4:30 PM		SOMS Swimming Pool		L
Oct 29, 2022	Sat	Post-Season (Conference Championship)	New Rochelle, Arlington, Eastchester, Lakeland, Mamaroneck, Ossining, Pelham, Scarsdale, Tappan Zee HS @ Bronxville	1:00 PM		SUNY Purchase		NL

Date: 2026-01-08