

North Rockland
(G) V Swimming/Diving

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2019	Thu	Regular Season	Roy C Ketcham/ Wappingers JHS	4:30 PM		Rockland Community College		L
Oct 17, 2019	Thu	Regular Season	New Rochelle	4:30 PM		North Rockland HS		L
Oct 22, 2019	Tue	Regular Season	@ Our Lady of Lourdes	5:00 PM		Poughkeepsie Middle School		L

Date: 2026-01-17