## Coaches:

## North Rockland (B) V Swimming/Diving

DATE	WEE! DAY	<sup>(</sup> ТҮРЕ	OPPONENTS	START END TIME TIME		TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 14, 2022	Wed	Regular Season	@ Roy C Ketcham/ Wappingers JHS (Wappingers)	4:30 PM	Swimming at Mount Saint Mary College		L
Jan 19, 2023	Thu	Regular Season (Rockland County Championships)	Tappan Zee HS	5:30 PM	North Rockland HS		L
Jan 28, 2023	Sat	Regular Season	John Jay HS/ Van Wyck JHS (Wappingers)	8:55 AM	TBD		L
Jan 28, 2023	Sat	Regular Season	Tappan Zee HS	9:30 AM	North Rockland HS		L

Date: 2025-12-07