

# North Rockland

## (B) V Swimming/Diving

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 14, 2022	Wed	Regular Season	@ Roy C Ketcham/ Wappingers JHS (Wappingers)	4:30 PM		Swimming at Mount Saint Mary College		L
Jan 19, 2023	Thu	Regular Season (Rockland County Championships)	Tappan Zee HS	5:30 PM		North Rockland HS		L
Jan 28, 2023	Sat	Regular Season	John Jay HS/ Van Wyck JHS (Wappingers)	8:55 AM		TBD		L
Jan 28, 2023	Sat	Regular Season	Tappan Zee HS	9:30 AM		North Rockland HS		L

Date: 2024-05-19