



• Jill King, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2023	Thu	Regular Season	@ Christian Brothers Academy, Dewitt	7:00 PM		CBA - Lemoyne Swimming Pool	Departure Time: 5:15 PM	NL
Sep 13, 2023	Wed	Regular Season (Dual Meet)	Oswego, Southern Cayuga	5:15 PM		Weedsport High School Pool	Departure Time: 3:30 PM	NL
Sep 19, 2023	Tue	Regular Season	Liverpool	5:15 PM		Skaneateles Community Center		NL
Sep 22, 2023	Fri	Regular Season (Invitational In the Glen - Day 1 - Live Stream on NFHS)	Notre Dame, Elmira, Lansing, Shenendehowa High School, Valley Central, Wallkill, Fairport, Albany Academies, Hilton, Corning- Painted Post, Southern Cayuga, Waverly, Horseheads, Burnt Hills-Ballston Lake HS, Whitney Point @ Watkins Glen (Storm)	4:30 PM	8:00 PM	W G Pool	Departure Time: 1:45 PM	NL
Sep 23, 2023	Sat	Regular Season (Invitational In the Glen - Day 2 Diving 9:30 AM & Swimming 2 PM - NFHS Live Stream Swim Only)	Notre Dame, Elmira, Lansing, Shenendehowa High School, Valley Central, Wallkill, Fairport, Albany Academies, Hilton, Burnt Hills- Ballston Lake HS, Corning-Painted Post, Southern Cayuga, Waverly, Horseheads, Whitney Point @ Watkins Glen (Storm)	9:30 AM	8:00 PM	W G Pool	Departure Time: 6:45 AM	NL
Sep 26, 2023	Tue	Regular Season	@ Syracuse City (Syracuse City)	6:00 PM	8:00 PM	Nottingham High School Pool	Departure Time: 4:15 PM	NL
Oct 3, 2023	Tue	Regular Season	Jamesville-Dewitt	5:15 PM		Skaneateles Community Center		NL
Oct 10, 2023	Tue	Regular Season	@ Baldwinsville	5:00 PM	7:00 PM	Bville - Baker HS Pool	Departure Time: 3:15 PM	NL
Oct 13, 2023	Fri	Regular Season (Salt City Sprint Invitational)	@ TBD	TBD		Nottingham HS Pool		NL
Oct 14, 2023	Sat	Regular Season (Salt City Dive Invitational)	@ TBD	TBD		Nottingham HS Pool		NL
Oct 17, 2023	Tue	Regular Season	Cicero-North Syracuse	5:15 PM	8:00 PM	Skaneateles Community Center		NL
Oct 28, 2023	Sat	Post-Season (Sectional Diving)	@ TBD	2:45 PM		Nottingham HS Pool	Departure Time: 12:15 PM	NL

DATE	WEE! DAY	⁽ TYPE	OPPONENTS	START END TIME TIMI	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 31, 2023	Tue	Post-Season (State Quals Diving)	@ TBD	2:30 PM	Nottingham HS Pool	Departure Time: 12:15 PM	NL
Nov 1, 2023	Wed	Post-Season (Sectional Swimming)	@ TBD	2:30 PM	Nottingham HS Pool	Departure Time: 12:00 PM	NL
Nov 3, 2023	Fri	Post-Season (State Quals Swimming)	@ TBD	2:30 PM	Nottingham HS Pool	Departure Time: 12:15 PM	NL

Date: 2025-12-05