

**Coaches:** 

- Jill King, Head Coach
- Allison Teachout, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 8, 2022	Thu	Regular Season	@ Cicero-North Syracuse	6:00 PM	8:00 PM	Nottingham Pool	<b>Departure Time:</b> 4:15 PM	NL
Sep 13, 2022	Tue	Regular Season	Baldwinsville, Oswego	5:15 PM		Skaneateles Community Center		L
Sep 20, 2022	Tue	Regular Season	@ West Genesee	5:00 PM	7:00 PM	WG-HS Pool	Departure Time: 3:30 PM	NL
Sep 23, 2022	Fri	Regular Season (Invitational In The Glen)	Notre Dame, Elmira, Southern Cayuga, Corning-Painted Post, Shenendehowa High School, Ithaca, Hilton, Lansing, Wallkill, New Paltz, Horseheads @ Watkins Glen (Storm)	4:30 PM	8:00 PM	W G Pool	<b>Departure Time:</b> 1:30 PM	NL
Sep 24, 2022	Sat	Regular Season (Invitational In The Glen Day 2 - Diving 9:30 PM & Swimming 2 PM )	Notre Dame, Elmira, Southern Cayuga, Corning-Painted Post, Shenendehowa High School, Ithaca, Hilton, Lansing, New Paltz, Wallkill, Horseheads @ Watkins Glen (Storm)	9:30 AM		W G Pool	<b>Departure Time:</b> 7:00 AM	NL
Sep 27, 2022	Tue	Regular Season	@ New Hartford	5:00 PM		HS Pool	<b>Departure Time:</b> 2:30 PM	L
Oct 5, 2022	Wed	Regular Season	Syracuse City (Syracuse City)	5:15 PM	8:00 PM	Skaneateles Community Center		L
Oct 11, 2022	Tue	Regular Season	@ Jamesville-Dewitt	5:30 PM		JD MS Pool	<b>Departure Time:</b> 3:30 PM	L
Oct 14, 2022	Fri	Regular Season (SCAC Sprint Invite)	@ TBD	5:00 PM		Nottingham HS Pool	<b>Departure Time:</b> 3:15 PM	L
Oct 15, 2022	Sat	Regular Season (SCAC Sprint Invite)	@ TBD	10:00 AM		Nottingham HS Pool	Departure Time: 7:00 AM	L
Oct 18, 2022	Tue	Regular Season	Christian Brothers Academy, Dewitt	5:15 PM	8:00 PM	Skaneateles Community Center		L
Oct 29, 2022	Sat	Post-Season (Diving Sectionals)	@ TBD	10:00 AM		Nottingham High School (Pool)	<b>Departure Time:</b> 7:15 AM	NL
Nov 2, 2022	Wed	Post-Season (Swimming sectionals)	@ TBD	2:30 PM		Nottingham High School (Pool)	Departure Time: 1:00 PM	NL
Nov 4, 2022	Fri	Post-Season (State Quals)	@ TBD	5:00 PM		Nottingham HS Pool	<b>Departure Time:</b> 2:00 PM	NL
Nov 18, 2022	Fri	Post-Season (State Meet)	@ TBD	TBD		Webster Thomas HS		NL
Nov 19, 2022	Sat	Post-Season	@ TBD	TBD		Webster Thomas HS		NL

Date: 2024-05-18