

Coaches:

- Jennifer Thompson
- Wesley Macker

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	Herkimer, New York Mills, Hamilton @ Poland	4:30 PM	Poland J/S HS	Departure Time: 2:45 PM	L
Sep 16, 2023	Sat	Regular Season (VVS Cross Country Invitational)	@ Vernon-Verona- Sherrill	8:00 AM	Cross Country Course	Departure Time: 7:10 AM	NL
Sep 21, 2023	Thu	Regular Season	West Canada Valley, Waterville, Hamilton @ Adirondack	4:30 PM	Adirondack HS	Departure Time: 2:30 PM	L
Sep 27, 2023	Wed	Regular Season	Canastota, Dolgeville, Hamilton, Remsen (Remsen) @ Little Falls	4:30 PM	Little Falls HS	Departure Time: 2:30 PM	L
Sep 30, 2023	Sat	Regular Season (EJ Herrmann Invitational)	@ Utica Proctor	9:00 AM	Proctor Park	Departure Time: 8:00 AM	NL
Oct 4, 2023	Wed	Regular Season	Westmoreland, Cooperstown (Cooperstown/Milford), Owen D. Young (Richfield/ODY) @ Hamilton	4:30 PM	Colgate Cross Coutry trails	Departure Time: 3:40 PM	L
Oct 11, 2023	Wed	Regular Season (Senior Night)	Clinton, Hamilton, Mount Markham, Sauquoit Valley	4:30 PM	Sherburne- Earlville HS		L,

Date: 2025-12-14