

## Coaches:

Wendy Edwards

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME		TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	Herkimer, New York Mills, Hamilton @ Poland	4:30 PM	Poland J/S HS	<b>Departure Time:</b> 2:45 PM	L
Sep 16, 2023	Sat	Regular Season (VVS Cross Country Invitational)	@ Vernon-Verona- Sherrill	8:00 AM	Cross Country Course	<b>Departure Time:</b> 7:10 AM	NL
Sep 21, 2023	Thu	Regular Season	West Canada Valley, Waterville, Hamilton @ Adirondack	4:30 PM	Adirondack HS	<b>Departure Time:</b> 2:30 PM	L
Sep 27, 2023	Wed	Regular Season	Canastota, Dolgeville, Hamilton, Remsen (Remsen/Town of Webb) @ Little Falls	4:30 PM	Little Falls HS	<b>Departure Time:</b> 2:30 PM	L
Sep 30, 2023	Sat	Regular Season (EJ Herrmann Invitational)	@ Utica Proctor	9:00 AM	Proctor Park	<b>Departure Time:</b> 8:00 AM	NL
Oct 4, 2023	Wed	Regular Season	Westmoreland, Cooperstown (Cooperstown/Milford), Owen D. Young (Richfield/ODY) @ Hamilton	4:30 PM	Colgate Cross Coutry trails	Departure Time: 3:40 PM	L

Date: 2024-05-03