

Coaches:

- Jennifer Thompson
- Wesley Macker

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|-------------------|--|---------------|-------------|--------------------------------|----------------|----------------------------|
| Sep 14, 2022 | Wed | Regular Season | Oriskany, Little Falls, Hamilton, Cooperstown (Modified) @ Dolgeville | 4:30 PM | | TBD | | L |
| Sep 21, 2022 | Wed | Regular Season | Clinton, Remsen, Hamilton, New York Mills | 4:30 PM | | Sherburne- Earlville HS | | L |
| Sep 28, 2022 | Wed | Regular Season | West Canada Valley, Poland, Hamilton, Owen D. Young (Richfield/ODY) @ Waterville | 4:30 PM | | Waterville H S | | L |
| Oct 5, 2022 | Wed | Regular Season | Sauquoit Valley, Canastota, Mount Markham @ Hamilton | 4:30 PM | | Colgate Cross Coutry trails | | L |
| Oct 12, 2022 | Wed | Regular Season | Westmoreland, Adirondack, Hamilton @ Herkimer | 4:30 PM | | Herkimer County CC | | L |
| Oct 22, 2022 | Sat | Regular Season | Westmoreland, Mount Markham, Clinton, Owen D. Young (Richfield/ODY), New York Mills, Herkimer, Waterville, Sauquoit Valley, West Canada Valley, Remsen, Canastota, Adirondack, Poland, Dolgeville, Oriskany, Little Falls, Hamilton @ Cooperstown (Modified) | | | Herkimer County CC | | L |

Date: 2025-12-08