Sauquoit Valley (B) V Cross Country

Coaches:

- John Nicotera, Head Coach
- Scott Prichard, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START END TIME TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|---|------------------------|-----------------------------------|---|---|----------------------------|
| Aug 31, 2019 | Sat | Regular Season (Invitational) | @ Fort Plain | 9:00 AM | Fort Plain HS | Bus/Driver: Dick Williams bus 155 | Departure Point: behind hs near fitness center Departure Time: 7:00 AM | L |
| Sep 7, 2019 | Sat | Regular Season (Invitational) | @ Vernon-Verona- Sherrill | 9:00 AM | Cross Country Course | | | NL |
| Sep 11, 2019 | Wed | Regular Season | Westmoreland, Holland Patent @ Clinton | 4:30 PM | Kirkland Town Park | Bus/Driver: Bill Hughes Bus 175 | Departure Point: behind high school fitness center door Departure Time: 3:00 PM | L |
| Sep 18, 2019 | Wed | Regular Season | West Canada Valley, Poland, Oriskany @ Herkimer | 4:30 PM | TBD | Bus/Driver: Dianne M Bus 160 | Departure Point: behind high school fitness center door Departure Time: 2:45 PM | L |
| Sep 21, 2019 | Sat | Regular Season (Guilderland Invitational) | Colonie High School, Schenectady High School, Shaker High School, Oriskany, Greenwich @ Guilderland High School | 7:30 AM | Tawasentha Park | Bus/Driver: bryan acee bus 155 | Departure Point: behind high school fitness center door | L |
| Sep 25, 2019 | Wed | Regular Season | Adirondack, Little Falls, New York Mills @ Dolgeville | 4:30 PM | Dolgeville HS | | Departure Time: 2:45 PM | L |
| Sep 28, 2019 | Sat | Regular Season (EJ Herrmann Inv) | @ TBD | 9:00 AM | Proctor Park | Bus/Driver: Linda L Bus 180 | Departure Point: behind high school fitness center door Departure Time: 7:45 AM | NL |
| Oct 2, 2019 | Wed | Regular Season | Canastota, Mount Markham, Sherburne- Earlville @ Hamilton | 4:30 PM | Colgate Cross Coutry trails | | Departure Time: 2:45 PM | L |
| Oct 9, 2019 | Wed | Regular Season | Remsen (Remsen/Town of Webb), Cooperstown (Cooperstown/Milford), Waterville | 5:00 PM | Town Park | | | L |
| Oct 19, 2019 | Sat | Regular Season | Adirondack, West Canada Valley, Poland, Remsen (Remsen/Town of Webb), Town of Webb UFSD (Remsen/Town of Webb), Clinton, Westmoreland, Holland Patent, Little Falls, Dolgeville, Cooperstown (Cooperstown/Milford), Sherburne-Earlville, Hamilton, Oriskany, New York Mills, Herkimer, Mount Markham, Waterville, Canastota @ TBD | 11:20 AM | Kirkland Town Park | Bus/Driver: bryan acee bus 155 | Departure Point: behind high school fitness center door Departure Time: 8:15 AM | L |