

Sauquoit Valley

(G) 7/8TH Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2022	Wed	Regular Season	Herkimer, Waterville @ New York Mills	4:30 AM		N Y Mills J/S HS		Departure Date: Sep 14, 2022 Departure Time: 2:45 PM	L
Sep 21, 2022	Wed	Regular Season	Adirondack, Cooperstown (Modified), Owen D. Young (Richfield/ODY)	4:30 PM		Town Park			L
Sep 28, 2022	Wed	Regular Season	Westmoreland, Remsen @ Oriskany	4:30 PM	5:30 PM	Bernie Block Field @ Walbran Elementary Campus	Bus/Driver: BRIAN CALLAHAN	Departure Point: HS FITNESS CENTER Departure Time: 2:45 PM	L
Oct 5, 2022	Wed	Regular Season	Sherburne-Earlville, Canastota, Mount Markham @ Hamilton	4:30 PM		Colgate Cross Coutry trails	Bus/Driver: AMBER GOULD	Departure Point: MIDDLE SCHOOL Departure Time: 2:30 PM	L
Oct 12, 2022	Wed	Regular Season	West Canada Valley, Poland, Dolgeville, Clinton @ Little Falls	4:30 PM		Little Falls HS	Bus/Driver: DIANNE MALYSA	Departure Point: MIDDLE SCHOOL & HS CAFE Departure Time: 2:30 PM	L
Oct 15, 2022	Sat	Regular Season	Westhill, Altmar-Parish-Williamstown (APW Rebels), Bishop Grimes, Cincinnatus, Cicero-North Syracuse, East Syracuse Minoa, Fayetteville-Manlius, Fulton, Jamesville-Dewitt, Liverpool, Mexico, Manlius Pebble Hill, Notre Dame, Utica, Oneida, Sandy Creek, South Jefferson, Trumansburg, West Genesee, Whitesboro, Chittenango @ Tully	8:45 AM	2:00 PM	Tully XC Course	Bus/Driver: DEB FURNER	Departure Point: MIDDLE SCHOOL Departure Time: 7:15 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 22, 2022	Sat	Regular Season	Westmoreland, Mount Markham, Clinton, Owen D. Young (Richfield/ODY), New York Mills, Herkimer, Waterville, West Canada Valley, Remsen, Canastota, Adirondack, Poland, Dolgeville, Oriskany, Little Falls, Sherburne- Earlville, Hamilton @ Cooperstown (Modified)	11:00 AM		Herkimer County CC	Bus/Driver: DEB FURNER	Departure Point: MIDDLE SCHOOL L & HS CAFE

Date: 2025-12-19