

Coaches:

• John Oliver, Head Coach

| DATE | WEE! DAY | ⁽ TYPE | OPPONENTS | START END | I CACA LICANI | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|-----------|-------------|-------------------------------------|---|----------------------------|
| Dec 2, 2022 | Fri | Regular Season (Mohawk Valley Kickoff Meet) | @ TBD | 4:30 PM | UTICA COLLEGE INDOOR TRACK | Departure Point: AHS Departure Time: 2:00 PM | L |
| Dec 11, 2022 | Sun | Regular Season (Oscar B. Jensen Memorial Relays) | @ TBD | 9:00 AM | SRC ARENA | Departure Point: AHS Departure Time: 7:30 AM | L |
| Dec 17, 2022 | Sat | Regular Season (George Constantino Memorial) | @ TBD | 9:00 AM | SRC ARENA | Departure Point: AHS Departure Time: 7:30 AM | L |
| Dec 28, 2022 | Wed | Regular Season (CNY Holiday Classic 2022-23 Indoor Invitational) | @ TBD | 11:15 AM | Utica College | Departure Point: AHS Departure Time: 9:15 AM | L |
| Jan 7, 2023 | Sat | Regular Season (John Arcaro Memorial) | @ TBD | 9:00 AM | SRC ARENA | Departure Point: AHS Departure Time: 7:30 AM | L |
| Jan 14, 2023 | Sat | Regular Season (Fred Kirschenheiter Memorial) | @ TBD | 3:00 PM | SRC ARENA | Departure Point: AHS Departure Time: 1:30 PM | L |
| Jan 21, 2023 | Sat | Regular Season (Bob Grieve Memorial) | @ TBD | 9:00 AM | SRC ARENA | Departure Point: AHS Departure Time: 7:30 AM | L |
| Feb 2, 2023 | Thu | Post-Season (League Championships) | @ TBD | 4:30 PM | SRC ARENA | Departure Point: AHS Departure Time: 2:30 PM | L |
| Feb 9, 2023 | Thu | Post-Season (Sectional Championships) | @ TBD | 4:30 PM | SRC ARENA | Departure Point: AHS Departure Time: 2:30 PM | L |
| Feb 15, 2023 | Wed | Post-Season (Section III State Qualifier) | @ TBD | 4:30 PM | SRC ARENA | Departure Point: AHS Departure Time: 2:30 PM | L |
| Mar 4, 2023 | Sat | Post-Season (NYSPHSAA State Championships) | @ TBD | 9:00 AM | Ocean Breeze Athletic Complex | Departure Point: AHS Departure Date: Mar 3, 2023 Departure Time: 3:00 PM | L |

Date: 2025-12-18