## Coaches:

• Justin Herrling, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 30, 2022	Wed	Regular Season	@ West Genesee	5:00 PM		WG-HS Pool	Departure Point: AHS Departure Time: 3:30 PM	NL
Dec 6, 2022	Tue	Regular Season	Oswego, Skaneateles @ Weedsport	5:00 PM		Weedsport Pool- Weedsport High School	Departure Point: AHS Departure Time: 3:30 PM	L
Dec 9, 2022	Fri	Regular Season	@ Syracuse City (Syracuse City)	6:00 PM	8:00 PM	Nottingham High School Pool	Departure Point: AHS Departure Time: 4:15 PM	L
Dec 16, 2022	Fri	Regular Season	Fulton	5:00 PM		Auburn - YMCA Pool		L
Dec 21, 2022	Wed	Regular Season	Fayetteville- Manlius	5:00 PM		Auburn - YMCA Pool		L
Jan 3, 2023	Tue	Regular Season	Skaneateles @ Weedsport	5:00 PM		Weedsport Pool- Weedsport High School	Departure Point: AHS Departure Time: 3:30 PM	L
POSTPONED Jan 6, 2023	Fri	Regular Season	Liverpool	5:00 PM		Auburn - YMCA Pool		L
Jan 10, 2023	Tue	Regular Season	@ Jamesville- Dewitt	5:00 PM	7:00 PM	JD MS Pool	Departure Point: AHS Departure Time: 3:00 PM	L
Jan 13, 2023	Fri	Regular Season ("The Griffin" 4th Annual Sprint Inivitational Meet)	@ TBD	5:00 PM		Nottingham High School (Pool)	Departure Point: AHS Departure Time: 3:00 PM	L
Jan 18, 2023	Wed	Regular Season (Senior Night)	Baldwinsville	5:00 PM		Auburn - YMCA Pool		L
Jan 27, 2023	Fri	Regular Season	@ Cicero-North Syracuse	6:00 PM	9:00 PM	Nottingham Pool	Departure Point: AHS Departure Time: 4:15 PM	L
Jan 31, 2023	Tue	Regular Season	@ Pulaski	5:00 PM		Pulaski MS/HS Pool	Departure Point: AHS Departure Time: 2:45 PM	L
Feb 2, 2023	Thu	Regular Season	Jamesville- Dewitt @ Liverpool	5:00 PM		LIVERPOOL HS Pool		L
Feb 15, 2023	Wed	Regular Season (Class A Sectionals)	@ TBD	10:00 AM		Nottingham High School (Pool)	Departure Point: AHS Departure Time: 7:15 AM	L

Date: 2025-12-07