

## **Coaches:**

- Karen Simmonds-Brady, Head Coach
- Gregory Stowell, Head CoachSarah Dawson, Asst Coach
- John Oliver

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 10, 2024	Wed	Regular Season	Cazenovia, Skaneateles	4:45 PM		Auburn HS - Track		NL
CANCELLED Apr 13, 2024	Sat	Regular Season (South Jefferson Track Invitational)	@ TBD	10:00 AM		TBD	Departure Point: AHS Departure Time: 7:00 AM	L
Apr 17, 2024	Wed	Regular Season	Fayetteville-Manlius @ Baldwinsville	5:00 PM	7:00 PM	Bville - Baker P/A Stadium TRACK	<b>Departure Point:</b> AHS <b>Departure Time:</b> 3:00 PM	L
Apr 20, 2024	Sat	Regular Season (Webster Invitational)	@ TBD	10:00 AM		Webster Schroeder School	Departure Point: AHS Departure Time: 8:00 AM	L
Apr 23, 2024	Tue	Meet (WESTHILL OUTDOOR TRACK AND FIELD SPRING BREAK INVITATIONAL)	Vs. Multiple	1:00 PM		Westhill High School Track	Departure Point: AHS Departure Time: 11:00 AM	NL
Apr 23, 2024	Tue	Regular Season (8th Annual Westhill Spring Break Invitational)	@ TBD	TBD		Westhill High School Track	<b>Departure Point:</b> AHS <b>Departure Time:</b> 11:00 AM	L
Apr 25, 2024	Thu	Regular Season	West Genesee	10:00 AM		Auburn HS - Track		L
Apr 26, 2024	Fri	Regular Season (Ithaca Relays and Races)	Trumansburg, Newark Valley, Geneva, Rome Free Academy, West Canada Valley, Lansing, Candor (Candor), Groton, Solvay, Horseheads, Tioga, Maine- Endwell, Newfield @ Ithaca	5:00 PM	10:00 PM	IHS Moresco Stadium	<b>Departure Point:</b> AHS <b>Departure Time:</b> 3:00 PM	L
May 2, 2024	Thu	Regular Season	Living Word Academy @ Henninger	4:30 PM		Henninger Stadium	<b>Departure Point:</b> AHS <b>Departure Time:</b> 2:45 PM	L
May 3, 2024	Fri	Regular Season (ESM Invitational)	@ TBD	4:30 PM		ESM High School - Stadium	Departure Point: AHS Departure Time: 3:00 PM	L
May 8, 2024	Wed	Regular Season	Cicero-North Syracuse	5:00 PM		Auburn HS - Track		L
May 10, 2024	Fri	Regular Season (8th Annual Baldwinsville John Arcaro Co-Ed Classic)	@ TBD	4:00 PM		TBD	<b>Departure Point:</b> AHS	L
May 10, 2024	Fri	Regular Season (Glenn Loucks Meet)	@ TBD	TBD		White Plains HS	Departure Point: AHS	L
POSTPONED May 15, 2024	Wed	Regular Season	@ Liverpool	4:30 PM		LIVERPOOL HS STADIUM	Departure Point: AHS Departure Time: 3:00 PM	L

DATE	WEEK DAY	( түре	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
POSTPONED May 15, 2024	Wed	Regular Season (SCAC Championships @ Bville)	@ TBD	5:00 PM	TBD	<b>Departure Point:</b> AHS	L
May 16, 2024	Thu	Regular Season (League Outdoor Track Meet)	TBD	4:00 PM	Auburn HS - Track		L
May 22, 2024	Wed	Post-Season (Class A Sectional Championship)	Central Square, Oswego, Watertown, Fulton, Whitesboro, Corcoran, Nottingham, Fowler, Jamesville-Dewitt, Carthage, New Hartford, Indian River, Cortland @ East Syracuse Minoa	4:30 PM	ESM High School - Stadium		NL
May 30, 2024	Thu	Regular Season (Section III Championships)	@ TBD	TBD	TBD	<b>Departure Point:</b> AHS	L
Jun 7, 2024	Fri	Regular Season (State Qualifiers)	@ TBD	TBD	TBD	<b>Departure Point:</b> AHS	L

Date: 2024-04-29