

## Coaches:

- Gregory Stowell, Head Coach
- Karen Simmonds-Brady, Asst Coach
- Dan Butler, Asst Coach
- John Oliver, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 3, 2019	Wed	Regular Season	@ West Genesee	4:30 PM		WG-HS Grass Stadium		<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 3:00 PM	NL
Apr 10, 2019	Wed	Regular Season	East Syracuse Minoa	4:30 PM		Auburn HS - Al Wilson Track			L
Apr 13, 2019	Sat	Regular Season (The Square Deal Invitational- Johnson City)	TBD	12:00 PM		JC Wildcat Stadium		Departure Point: AHS - shared Departure Time: 10:00 AM	NL
Apr 24, 2019	Wed	Regular Season (With Cortland)	Cortland @ Central Square	4:30 PM	7:00 PM	Central Square Turf/Stadium		<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 2:45 PM	L
May 1, 2019	Wed	Regular Season	Jamesville- Dewitt, Fowler	4:30 PM		Auburn HS - Al Wilson Track			L
May 4, 2019	Sat	Regular Season (2019 Sodus Spartan Showdown)	@ Sodus	2:00 PM		Sodus HS		<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 12:00 PM	NL
May 8, 2019	Wed	Regular Season	Fulton @ Oswego	4:30 PM		Oswego Middle School Stadium		<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 3:00 PM	L
May 10, 2019	Fri	Regular Season (The 6th Annual Baldwinsville John Arcaro Co-Ed Classic)	TBD	4:30 PM		Bville - Baker P/A Stadium TRACK		Departure Point: AHS - shared Departure Time: 3:00 PM	NL
May 16, 2019	Thu	Post-Season (SCAC Empire Track Championship)	Fulton, Central Square, Oswego, Fowler, Jamesville- Dewitt, Cortland @ East Syracuse Minoa	5:00 PM	8:00 PM	ESM High School - Stadium		Departure Point: AHS - shared Departure Time: 3:00 PM	L
May 18, 2019	Sat	Regular Season (19th Annual Cicero-North Syracuse Co- Ed Track and Field Invitational)	TBD	10:00 AM		CNS HS- Bragman Stadium		<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 8:15 AM	NL
May 24, 2019	Fri	Post-Season (class A)	TBD	4:30 PM		Central Square HS		Departure Point: AHS shared Departure Time: 2:45 PM	L

DATE	WEEK DAY	OPPONENTS	STAR' TIME	T END TIME LOCATION	DEPARTURE TRANSPORTATION / I	EAGUE NON- EAGUE
May 30, 2019	Thu Post-Season (State Qualifi		4:00 PM	CNS	<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 2:20 PM	

Date: 2025-12-06