

Coaches:

- John Oliver, Head Coach
- Cassie Rigby, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 11, 2019	Wed	Regular Season	Oswego, East Syracuse Minoa @ Jamesville-Dewitt	4:30 PM		JD HS Stadium	Departure Point: AJHS - shared Departure Time: 2:45 PM	L
Sep 18, 2019	Wed	Regular Season	@ Fulton	5:30 PM		Granby E S	Departure Point: AJHS - shared Departure Time: 3:30 PM	L
Sep 21, 2019	Sat	Regular Season (Baldwinsville Invitaional)	TBD	1:15 PM	6:30 PM	Bville - Baker P/A Stadium TRACK	Departure Point: AJHS - shared Departure Time: 10:30 AM	NL
Sep 25, 2019	Wed	Regular Season	Central Square, Fowler (Syracuse West) @ Corcoran (Syracuse West)	4:30 PM		Corcoran Stadium	Departure Point: AJHS - shared Departure Time: 3:00 PM	L
Sep 28, 2019	Sat	Regular Season (McQuaid Invitational)	@ McQuaid Jesuit	TBD		Genesee Valley Park		NL
Oct 2, 2019	Wed	Regular Season	East Syracuse Minoa, Cortland, TBD	5:30 PM	6:30 PM	Auburn - Holland Stadium (Turf)		L
Oct 5, 2019	Sat	Regular Season (2019 Tully Cross Country Invitational)	TBD	8:30 AM		Tully H S	Departure Point: AHS - SHARED WITH ALL TEAMS Departure Time: 7:00 AM	NL
CANCELLED Oct 5, 2019	Sat	Regular Season (AUBURN INVITATIONAL)	TBD	9:00 AM		Auburn - Holland Stadium (Turf)		NL
Oct 8, 2019	Tue	Regular Season	Henninger, Fulton @ Fayetteville-Manlius	4:30 PM		FM Cross Country	Departure Point: AJHS - shared Departure Time: 3:00 PM	NL
Oct 19, 2019	Sat	Regular Season (Weedsport's 38th Cross Country Invitational)	TBD	9:15 AM	6:30 PM	Weedsport JrSr. High School	Departure Point: AJHS - shared Departure Time: 7:30 AM	NL
Oct 21, 2019	Mon	Regular Season (SCAC INVITE)	Jamesville-Dewitt, East Syracuse Minoa, Fulton, Cortland, Central Square, Fowler (Syracuse West) @ Oswego	4:30 PM		Oswego MS	Departure Point: AJHS - shared Departure Time: 3:00 PM	L

Date: 2025-12-14