

## Coaches:

• Gregory Stowell, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2019	Sat	Regular Season (VVS Cross Country Invitational)	TBD	8:15 AM		Cross Country Course	Departure Point: AHS Departure Time: 6:15 AM	NL
Sep 11, 2019	Wed	Regular Season	Oswego @ Jamesville-Dewitt	4:30 PM		JD HS Stadium	Departure Point: AHS-SHARED Departure Time: 2:45 PM	L
Sep 18, 2019	Wed	Regular Season	@ Fulton	4:30 PM		Granby E S	Departure Point: AHS-SHARED Departure Time: 2:45 PM	L
Sep 21, 2019	Sat	Regular Season (Baldwinsville Invitaional)	TBD	2:00 PM		Bville - Baker P/A Stadium TRACK	Departure Point: AHS - shared Departure Time: 11:30 AM	NL
Sep 25, 2019	Wed	Regular Season	Central Square, Fowler (Syracuse West) @ Corcoran (Syracuse West)	4:30 PM		Corcoran Stadium	Departure Point: AHS-SHARED Departure Time: 3:00 PM	L
Sep 28, 2019	Sat	Regular Season (McQuaid Invitational)	@ McQuaid Jesuit	TBD		Genesee Valley Park		NL
Oct 2, 2019	Wed	Regular Season	East Syracuse Minoa, Cortland	4:30 PM	6:30 PM	Auburn - Holland Stadium (Turf)		L
Oct 5, 2019	Sat	Regular Season (2019 Tully Cross Country Invitational)	TBD	8:30 AM		Tully H S	Departure Point: AHS - SHARED WITH ALL TEAMS Departure Time: 7:00 AM	L
CANCELLED Oct 5, 2019	Sat	Regular Season (AUBURN INVITATIONAL)	Weedsport	9:00 AM		Auburn - Holland Stadium (Turf)		NL
Oct 16, 2019	Wed	Regular Season (SCAC League Championships)	West Genesee, Cicero-North Syracuse, Central Square, Oswego, Nottingham (Nottingham), Jamesville-Dewitt, Fulton, Cortland, Henninger (Henninger), Liverpool, Fayetteville-Manlius, East Syracuse Minoa, Fowler (Syracuse West) @ Baldwinsville	4:30 PM	7:00 PM	Bville - Durgee Cross Country Trail	Departure Point: AHS-SHARED Departure Time: 2:30 PM	L
Oct 19, 2019	Sat	Regular Season (Weedsport's 38th Cross Country Invitational)	TBD	8:30 AM		Weedsport JrSr. High School	Departure Point: AHS - shared Departure Time: 7:30 AM	NL
Nov 9, 2019	Sat	Post-Season (Sectional Finals)	TBD	TBD		VVS		L
Nov 16, 2019	Sat	Post-Season (NYSPHSAA MEET)	TBD	TBD		TBD		L

Date: 2025-12-12