

## Coaches:

• Cassie Rigby, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	Henninger @ Baldwinsville	5:30 PM	5:45 PM	Bville - Durgee Cross Country Trail	Departure Point: AJHS - shared Departure Time: 4:00 PM	L
Sep 20, 2023	Wed	Regular Season	Cicero-North Syracuse	5:30 PM		Auburn - Holland Stadium (Turf)		L
Sep 23, 2023	Sat	Regular Season (71st Annual Bville Invitational)	@ TBD	12:40 PM		Bville - Durgee Cross Country Trail	Departure Point: AJHS- shared Departure Time: 10:00 AM	L
Sep 27, 2023	Wed	Regular Season	@ Fayetteville-Manlius	5:30 PM		Hornet Stadium	Departure Point: AHS - shared Departure Time: 2:30 PM	L
Sep 30, 2023	Sat	Regular Season (McQuaid Invitational)	@ TBD	TBD		Genesee Valley Park	Departure Point: AJHS- shared Departure Time: 12:00 PM	L
Oct 4, 2023	Wed	Regular Season	Liverpool, West Genesee	5:30 PM		Auburn - Holland Stadium (Turf)		L
Oct 7, 2023	Sat	Regular Season (Tully Invitational)	@ TBD	10:00 AM		Tully XC Course	Departure Point: AJHS- shared Departure Time: 8:00 AM	L
Oct 19, 2023	Thu	Regular Season (SCAC Modified XC Invitational)	Oswego, Fulton, Jamesville-Dewitt, Nottingham, Corcoran (Syracuse West), Henninger, Cicero- North Syracuse, Liverpool, Fayetteville- Manlius, West Genesee, Baldwinsville, Central Square @ East Syracuse Minoa	4:30 PM	7:30 PM	ESM Kirkville Rd. Field	Departure Point: AJHS - shared Departure Time: 2:45 PM	L
Oct 21, 2023	Sat	Regular Season (Weedsport Invitational)	@ TBD	9:15 AM		Weedsport JrSr. High School	Departure Point: AJHS- shared Departure Time: 7:45 AM	L

Date: 2025-12-06