

## **Coaches:**

- Chris Mason, Head Coach
- Karen Simmonds-Brady, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 11, 2021	Sat	Regular Season (VVS Invitational)	@ Vernon- Verona- Sherrill	1:00 PM	Cross Country Course		Departure Point: AHS - shared Departure Time: 10:15 AM	NL
Sep 18, 2021	Sat	Regular Season	@ TBD	12:30 PM	Chenango Valley State Park		<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 9:00 AM	L
Sep 22, 2021	Wed	Regular Season	East Syracuse Minoa	4:30 PM	Auburn - Holland Stadium (Turf)			L
Sep 25, 2021	Sat	Regular Season	@ TBD	2:00 PM	Bville - Durgee Cross Country Trail		<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 12:00 PM	L
Sep 29, 2021	Wed	Regular Season	Henninger (Henninger), Corcoran (Syracuse West), Nottingham (Nottingham) @ Fulton	4:30 PM	Granby E S	<b>Bus/Driver:</b> Onondaga	<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 2:45 PM	L
Oct 2, 2021	Sat	Regular Season (McQuaid Invitational)	@ TBD	5:00 PM	Genesee Valley Park		Departure Point: AHS - shared Departure Time: 2:00 PM	L
Oct 6, 2021	Wed	Regular Season	Central Square, Oswego	4:30 PM	Auburn - Holland Stadium (Turf)			L
Oct 13, 2021	Wed	Regular Season	Jamesville- Dewitt @ Cortland	4:30 PM	Cortland Jr-Sr High School CC Course	<b>Bus/Driver:</b> Onondaga	<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 2:45 PM	L
Oct 16, 2021	Sat	Regular Season (Weedsport Invite)	East Syracuse Minoa, Jordan- Elbridge, Oswego, Port Byron (Port Byron/Union Springs), Altmar-Parish- Williamstown (APW Rebels), Mynderse Academy, Phoenix, Solvay, Corcoran (Syracuse West), Waterloo @ Weedsport	10:15 AM	Weedsport JrSr. High School		<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 8:45 AM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME		DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 20, 2021	Wed	Regular Season (SCAC Empire League Championships)	Fowler (Syracuse West), Central Square, Oswego, Cortland, Jamesville- Dewitt, East Syracuse Minoa, Fulton @ Baldwinsville	5:00 PM	6:00 PM	Bville - Durgee Cross Country Trail	<b>Bus/Driver:</b> Onondaga	<b>Departure Point:</b> AHS - shared <b>Departure Time:</b> 2:45 PM	L
Nov 6, 2021	Sat	Post-Season (Sectionals)	@ Vernon- Verona- Sherrill	1:00 PM	3:00 PM	Cross Country Course		Departure Point: AHS - shared Departure Time: 11:00 AM	L

Date: 2024-05-13