

# Sandy Creek

## (B) V Cross Country

Coaches:

- Nick Netto, Head Coach

| DATE         | WEEK DAY | TYPE  | OPPONENTS                 | START TIME | END TIME | LOCATION          | TRANSPORTATION          | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---------------------------|------------|----------|-------------------|-------------------------|---------------------|
| Aug 21, 2023 | Mon      | Practice (Varsity Cross Country practice )                      | N/A                       | 3:30 PM    | 5:30 PM  | TBD               |                         |                     |
| Aug 22, 2023 | Tue      | Practice (Varsity Cross Country practice )                      | N/A                       | 7:45 AM    | 9:45 AM  | TBD               |                         |                     |
| Aug 23, 2023 | Wed      | Practice (Varsity Cross Country practice )                      | N/A                       | 3:30 PM    | 5:30 PM  | TBD               |                         |                     |
| Aug 24, 2023 | Thu      | Practice (Varsity Cross Country practice )                      | N/A                       | 7:45 AM    | 9:45 AM  | TBD               |                         |                     |
| Aug 25, 2023 | Fri      | Practice (Varsity Cross Country practice @ Winona Forest Trail) | N/A                       | 7:45 AM    | 9:45 AM  | TBD               |                         |                     |
| Sep 1, 2023  | Fri      | Practice (XC practice at Southwick Beach)                       | N/A                       | 3:30 PM    | 5:30 PM  | TBD               | Departure Time: 3:15 PM |                     |
| Oct 3, 2023  | Tue      | Regular Season  | Beaver River, South Lewis | 5:00 PM    |          | Sandy Creek MS/HS |                         | L                   |

Date: 2024-05-10