



Rome Free Academy

(B) MOD7/8/9 Lacrosse (RFA)

Coaches:

- Aquilino Kolasz, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 18, 2026	Wed	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Mar 19, 2026	Thu	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Mar 20, 2026	Fri	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Mar 23, 2026	Mon	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Mar 24, 2026	Tue	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Mar 25, 2026	Wed	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Mar 26, 2026	Thu	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Mar 27, 2026	Fri	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Mar 30, 2026	Mon	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Mar 31, 2026	Tue	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Apr 1, 2026	Wed	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Apr 2, 2026	Thu	Practice	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)		
Apr 27, 2026	Mon	Scrimmage	Vernon-Verona-Sherrill, Utica Proctor @ Holland Patent	4:30 PM	7:00 PM	HS Turf Field	Departure Point: Strough MS Departure Time: 3:30 PM	L
May 1, 2026	Fri	Regular Season	Vernon-Verona-Sherrill	4:30 PM	6:00 PM	Guyer Grass Field		L
May 6, 2026	Wed	Regular Season	@ Utica Proctor	4:30 PM	6:00 PM	Donovan MS Football Field	Departure Point: Strough MS Departure Time: 3:30 PM	L
May 8, 2026	Fri	Regular Season	Utica Proctor	4:30 PM	7:00 PM	Guyer Grass Field		L
May 11, 2026	Mon	Regular Season	Holland Patent	4:30 PM		Guyer Grass Field		L
May 14, 2026	Thu	Regular Season	Vernon-Verona-Sherrill	4:30 PM	7:00 PM	Guyer Grass Field		L
May 18, 2026	Mon	Regular Season	@ Vernon-Verona-Sherrill	4:30 PM		Turf Field Stadium	Departure Point: Strough MS Departure Time: 3:30 PM	L

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May 22, 2026	Fri	Regular Season	@ Holland Patent	4:30 PM	7:00 PM	HS Turf Field	Departure Point: Strough MS Departure Time: 3:30 PM	L
May 27, 2026	Wed	Regular Season	@ Chittenango	4:45 PM	6:30 PM	Chittenango HS- Stadium	Departure Point: Strough MS Departure Time: 2:45 PM	L
May 29, 2026	Fri	Regular Season	@ Utica Proctor	4:30 PM	6:00 PM	Donovan MS Football Field	Departure Point: Strough MS Departure Time: 3:30 PM	L
Jun 2, 2026	Tue	Regular Season	Cazenovia	4:30 PM		Guyer Grass Field		NL
Jun 5, 2026	Fri	Regular Season	Holland Patent	4:30 PM	7:00 PM	Guyer Grass Field		L
Jun 8, 2026	Mon	Regular Season	Vernon-Verona-Sherrill	4:30 PM	7:00 PM	Guyer Grass Field		L
Jun 12, 2026	Fri	Scrimmage	Vernon-Verona-Sherrill, Holland Patent @ Utica Proctor	4:30 PM	6:00 PM	Proctor H S	Departure Point: Strough MS Departure Time: 3:30 PM	L

Date: 2026-04-03