



Rome Free Academy

(B) MOD7/8/9 Lacrosse (RFA)

Coaches:

- Aquilino Kolasz, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Mar 19, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Mar 20, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Mar 21, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Mar 22, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Mar 25, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Facility Gym A			
Mar 26, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	Stadium Support Facility Gym A			
Mar 27, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	Stadium Support Facility Gym B			
Mar 28, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Facility Gym A			
CANCELLED Mar 29, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 1, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 2, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 3, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 4, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 5, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 9, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 10, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 11, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 12, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 15, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 16, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 17, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 18, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 22, 2024	Mon	Practice	N/A	11:00 AM	1:00 PM	Stadium Turf Field			
Apr 23, 2024	Tue	Practice	N/A	11:00 AM	1:00 PM	Stadium Turf Field			
Apr 24, 2024	Wed	Practice	N/A	11:00 AM	1:00 PM	Stadium Turf Field			
Apr 25, 2024	Thu	Practice	N/A	11:00 AM	1:00 PM	Stadium Turf Field			

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Apr 26, 2024	Fri	Practice	N/A	11:00 AM	1:00 PM	Stadium Turf Field			
Apr 29, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
Apr 30, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 1, 2024	Wed	Regular Season	Utica Proctor	4:30 PM		Stadium Turf Field			L
May 2, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 3, 2024	Fri	Regular Season	@ Vernon-Verona-Sherrill	7:00 PM		Turf Field Stadium	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Stadium Support Facility (Back) Departure Date: May 3, 2024 Departure Time: 5:45 PM Return Date: May 3, 2024 Return Time: 7:45 PM	L
May 6, 2024	Mon	Regular Season	@ Holland Patent	4:30 PM	6:00 PM	GWF Soccer Field #1	Bus/Driver: First Student- Wael 315.395.8395	Departure Point: Stadium Support Facility (Back) Departure Date: May 6, 2024 Departure Time: 3:30 PM Return Date: May 6, 2024 Return Time: 6:45 PM	L
May 7, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 8, 2024	Wed	Regular Season	Jordan-Elbridge	4:30 PM		Guyer Grass Field			L
May 9, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 14, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 14, 2024	Tue	Regular Season	Chittenango	4:30 PM		Guyer Grass Field			L
May 15, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 17, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 20, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 20, 2024	Mon	Regular Season	@ LaFayette	4:30 PM		LaFayette H S Stadium	Bus/Driver: First Student- Jason- 315.570.5342	Departure Point: Stadium Support Facility(Back) Departure Date: May 20, 2024 Departure Time: 3:00 PM Return Date: May 20, 2024 Return Time: 6:30 PM	NL
May 21, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 22, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 23, 2024	Thu	Regular Season	Tully	5:00 PM		Guyer Grass Field			L
May 24, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 27, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 28, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 29, 2024	Wed	Regular Season	@ Cazenovia	4:30 PM	6:00 PM	Cazenovia Stadium Field #1 Googin on Fenner Rd.	Bus/Driver: First Student- Steve 315.240.8526	Departure Point: Stadium Support Facility(Back) Departure Date: May 29, 2024 Departure Time: 3:30 PM Return Date: May 29, 2024 Return Time: 7:00 PM	NL
May 30, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Grass Field			
May 31, 2024	Fri	Regular Season	LaFayette	4:30 PM		Stadium Turf Field			L
Jun 3, 2024	Mon	Regular Season	@ Utica Proctor	4:30 PM		Donovan Middle School	Bus/Driver: First Student- Steve 315.240.8526	Departure Point: Stadium Support Facility(Back) Departure Date: Jun 3, 2024 Departure Time: 3:30 PM Return Date: Jun 3, 2024 Return Time: 6:45 AM	L
Jun 6, 2024	Thu	Regular Season	@ Jordan-Elbridge	5:00 PM	6:30 PM	JEHS Stadium	Bus/Driver: First Student- Steve 315.240.8526	Departure Point: Stadium Support Facility (Back) Departure Date: May 13, 2024 Departure Time: 3:00 PM Return Date: May 13, 2024 Return Time: 8:15 PM	L
POSTPONED Jun 7, 2024	Fri	Regular Season	Marcellus	4:30 PM		Stadium Turf Field			L

Date: 2026-04-03