



Rome Free Academy

(G) V Cheerleading (Winter)

Coaches:

- Kim Luczak, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Nov 21, 2024	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Nov 22, 2024	Fri	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Nov 25, 2024	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Nov 26, 2024	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 2, 2024	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 3, 2024	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 4, 2024	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 5, 2024	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 6, 2024	Fri	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 9, 2024	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 10, 2024	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Dec 11, 2024	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 12, 2024	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 13, 2024	Fri	Practice (Varsity Basketball Game)	N/A	5:30 PM		RFA Main Gym			
Dec 16, 2024	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 17, 2024	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 18, 2024	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Dec 20, 2024	Fri	Practice (Varsity Basketball Game)	N/A	5:30 PM		RFA Main Gym			
Dec 27, 2024	Fri	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
CANCELLED Jan 2, 2025	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 3, 2025	Fri	Practice (Varsity Basketball Game 6 pm)	N/A	5:00 PM		RFA Main Gym			
Jan 6, 2025	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 7, 2025	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 8, 2025	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 9, 2025	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 10, 2025	Fri	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 13, 2025	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 14, 2025	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 16, 2025	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 17, 2025	Fri	Practice (Varsity Basketball Game)	N/A	5:30 PM		RFA Main Gym			
Jan 21, 2025	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 22, 2025	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 23, 2025	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
CANCELLED Jan 24, 2025	Fri	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 27, 2025	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 28, 2025	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Jan 30, 2025	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 31, 2025	Fri	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Feb 4, 2025	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Feb 5, 2025	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Feb 6, 2025	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Feb 7, 2025	Fri	Practice (Varsity Basketball Game)	N/A	5:30 PM		RFA Main Gym			
Feb 10, 2025	Mon	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Feb 11, 2025	Tue	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Feb 12, 2025	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Feb 13, 2025	Thu	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
POSTPONED Feb 18, 2025	Tue	Practice (Varsity Basketball Game)	N/A	5:30 PM		RFA Main Gym			
Feb 26, 2025	Wed	Practice (Practice)	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			
Mar 4, 2025	Tue	Post-Season	TBD	5:00 PM		Mohawk Valley Community College	Bus/Driver: RCSD- Out Justin 315.335.9844/ Return Matt 315.338.1905	Departure Point: Stadium Support Departure Date: Mar 4, 2025 Departure Time: 3:15 PM	NL
Mar 12, 2025	Wed	Practice	N/A	2:30 PM	4:00 PM	Stadium Support Indoor Batting Cage			

Date: 2026-04-05