



Rome Free Academy

(G) 7/8TH Volleyball (Black)

Coaches:

- Sara Scott, Coach
- Sonepith (Pete) Keoviengsamay

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 28, 2022	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Nov 29, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Nov 30, 2022	Wed	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 1, 2022	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 2, 2022	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 5, 2022	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 6, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 7, 2022	Wed	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 8, 2022	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 10, 2022	Sat	Regular Season	Rome Free Academy (Orange)	10:00 AM		Buddy Evans Gym (Strough MS)			NL
Dec 12, 2022	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 13, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 14, 2022	Wed	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 15, 2022	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			

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Dec 20, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 21, 2022	Wed	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 22, 2022	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Dec 22, 2022	Thu	Regular Season	Little Falls	4:30 PM		Buddy Evans Gym (Strough MS)			NL
Jan 3, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 4, 2023	Wed	Regular Season 2-3 L	Utica Proctor (JFK)	4:30 PM		Buddy Evans Gym (Strough MS)			L
Jan 5, 2023	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 6, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 7, 2023	Sat	Regular Season	Whitesboro (White)	9:30 AM		Buddy Evans Gym (Strough MS)			L
Jan 9, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 10, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 11, 2023	Wed	Regular Season	TBD	4:30 PM		Buddy Evans Gym (Strough MS)			L
Jan 12, 2023	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 13, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 17, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			

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Jan 18, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 20, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 21, 2023	Sat	Regular Season	@ New Hartford	10:00 AM		Perry JH Gym	Bus/Driver: First Student - Steve 315-240-8526	Departure Point: Back of Strough Middle School Departure Date: Jan 21, 2023 Departure Time: 8:45 AM	L
Jan 23, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 24, 2023	Tue	Regular Season	@ Oneida (orange)	5:00 PM		57 Gym	Bus/Driver: First Student - Steve 315-240-8526	Departure Point: Back of Strough Middle School Departure Date: Jan 24, 2023 Departure Time: 3:45 PM	L
POSTPONED Jan 25, 2023	Wed	Regular Season	Whitesboro (White)	4:30 PM		Buddy Evans Gym (Strough MS)			L
Jan 26, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B			
Jan 27, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
CANCELLED Jan 28, 2023	Sat	Regular Season	@ TBD	10:00 AM		Buddy Evans Gym (Strough MS)			L
Jan 30, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Jan 31, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B			
Feb 1, 2023	Wed	Regular Season	Vernon-Verona-Sherrill (Volleyball Girls 7/8 2)	6:15 PM		Buddy Evans Gym (Strough MS)			L
Feb 6, 2023	Mon	Regular Season	@ Whitesboro (Blue)	5:00 PM		Whitesboro Parkway Gym	Bus/Driver: First Student - Steve 315-240-8526	Departure Point: Back of Strough Middle School Departure Date: 3:45 PM	L

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Feb 15, 2023	Wed	Practice (Mod. Orange & Black End of Year Party)	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym A			

Date: 2026-01-30