



Rome Free Academy

(B) V Volleyball

Coaches:

- Patrick Herron

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 2, 2024	Mon	Practice (Tryouts Day 1)	N/A	5:30 PM	7:30 PM	Stadium Support Facility Gym B			
Dec 3, 2024	Tue	Practice (Tryouts Day 2)	N/A	5:30 PM	7:30 PM	Stadium Support Facility Gym B			
Dec 4, 2024	Wed	Practice (Tryouts Day 3)	N/A	5:30 PM	7:30 PM	Stadium Support Facility Gym B			
Dec 5, 2024	Thu	Practice (Practice)	N/A	5:30 PM	7:30 PM	Stadium Support Facility Gym B			
Dec 6, 2024	Fri	Practice (Practice)	N/A	5:30 PM	7:30 PM	Stadium Support Facility Gym B			
Dec 7, 2024	Sat	Practice (Practice @ Strough)	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Dec 9, 2024	Mon	Practice (Practice @ Strough)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Dec 10, 2024	Tue	Practice (Practice)	N/A	5:30 PM	7:30 PM	Stadium Support Facility Gym B			
Dec 11, 2024	Wed	Practice (Practice)	N/A	5:30 PM	7:30 PM	Stadium Support Facility Gym B			
Dec 12, 2024	Thu	Practice (Practice @ Strough)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Dec 13, 2024	Fri	Practice (Practice)	N/A	4:45 PM	6:45 PM	Stadium Support Facility Gym A			
Dec 14, 2024	Sat	Practice (Practice @ Strough (Varsity Only))	N/A	1:00 PM	2:30 PM	Buddy Evans Gym (Strough MS)			
Dec 16, 2024	Mon	Practice (Practice)	N/A	6:00 PM	8:00 PM	Stadium Support Facility Gym B			
Dec 17, 2024	Tue	Practice (Practice)	N/A	4:00 PM	7:30 PM	Stadium Support Facility Gym B			
Dec 18, 2024	Wed	Practice (Practice)	N/A	6:00 PM	8:00 PM	Stadium Support Facility Gym B			
Dec 19, 2024	Thu	Regular Season 0-3 L	@ Central Valley Academy	7:30 PM	8:30 PM	Gregory B. Jarvis Middle School gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Stadium Support Departure Date: Dec 19, 2024 Departure Time: 4:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 20, 2024	Fri	Practice (Holiday Scrimmage w/ GV)	N/A	5:30 PM	8:00 PM	Stadium Support Facility Gym B			
Dec 21, 2024	Sat	Practice	N/A	9:00 AM	11:00 AM	Strough M S			
CANCELLED Dec 21, 2024	Sat	Regular Season	@ Central Valley Academy	5:30 PM		CVA Small Gym			L
Dec 26, 2024	Thu	Practice (Practice @ Strough)	N/A	11:00 AM	1:00 PM	Buddy Evans Gym (Strough MS)			
Dec 27, 2024	Fri	Practice (Practice @ Strough (Varsity Only))	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Dec 28, 2024	Sat	Scrimmage (Scrimmage Tournament)	Vernon-Verona-Sherrill, Catskill, Central Valley Academy, Little Falls, Mount Markham, Chittenango, Oneida, Utica Proctor, Sauquoit Valley, Westmoreland, Voorheesville @ Canastota	9:30 AM		Laidlaw Gym, High School Gym	Bus/Driver: First Student-Jay-315.877.2547	Departure Point: Stadium Support Departure Date: Dec 28, 2024 Departure Time: 8:15 AM	NL
Jan 2, 2025	Thu	Practice (Practice @ Strough)	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Jan 3, 2025	Fri	Practice (Practice @ Strough)	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Jan 4, 2025	Sat	Practice (Practice @ Strough)	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Jan 6, 2025	Mon	Practice (Practice)	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym B			
Jan 8, 2025	Wed	Practice (Practice)	N/A	6:00 PM	8:00 PM	Stadium Support Facility Gym B			
Jan 9, 2025	Thu	Practice (Practice @ Strough)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Jan 10, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Stadium Support Facility Gym B			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 11, 2025	Sat	Regular Season (Oneida Boys Volleyball Tournament)	Vernon-Verona-Sherrill, Central Valley Academy, Little Falls, Utica Proctor, Sauquoit Valley, Mount Markham, Canastota, Chittenango @ Oneida	9:00 AM	5:00 PM	Fariel Gym	Bus/Driver: First Student-Shane-315.292.3620	Departure Point: Stadium Support Departure Date: Jan 11, 2025 Departure Time: 8:30 AM	NL
POSTPONED Jan 11, 2025	Sat	Regular Season	@ Mount Markham	2:30 PM		MS Big Gym		Departure Point: Stadium Support Departure Date: Jan 11, 2025 Departure Time: 1:10 PM	NL
Jan 13, 2025	Mon	Practice (Practice)	N/A	5:00 PM	7:00 PM	Stadium Support Facility Gym B			
Jan 14, 2025	Tue	Practice (Practice)	N/A	6:00 PM	8:00 PM	Stadium Support Facility Gym B			
Jan 15, 2025	Wed	Regular Season 0-3 L	@ Oneida	7:00 PM	8:30 PM	Fariel Gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Stadium Support Departure Date: Jan 15, 2025 Departure Time: 4:00 PM	L
Jan 16, 2025	Thu	Regular Season 0-3 L	Utica Proctor	7:00 PM	8:30 PM	Buddy Evans Gym (Strough MS)			L
Jan 17, 2025	Fri	Practice (Practice)	N/A	5:30 PM	7:30 PM	Stadium Support Facility Gym B			
Jan 18, 2025	Sat	Practice (Practice @ Strough)	N/A	11:00 AM	1:00 PM	Buddy Evans Gym (Strough MS)			
Jan 21, 2025	Tue	Regular Season 1-3 L	@ Vernon-Verona-Sherrill	7:00 PM	8:30 PM	VVS MS Gym	Bus/Driver: RCSD- Marnie (315)335-2667	Departure Point: Stadium Support Departure Date: Jan 21, 2025 Departure Time: 4:30 PM	L
Jan 22, 2025	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	Stadium Support Facility Gym B			
Jan 23, 2025	Thu	Regular Season 3-1 W	@ Little Falls	7:00 PM	8:00 PM	MS Gym		Departure Point: Stadium Support Departure Date: Jan 23, 2025 Departure Time: 4:05 PM	NL
CANCELLED Jan 24, 2025	Fri	Practice (Practice)	N/A	5:00 PM	7:00 PM	Stadium Support Facility Gym B			
Jan 25, 2025	Sat	Practice (Practice @ Strough)	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Jan 27, 2025	Mon	Practice (Practice)	N/A	4:30 PM	6:30 PM	Stadium Support Facility Gym B			

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Jan 29, 2025	Wed	Practice (Practice)	N/A	10:00 AM	12:00 PM	Stadium Support Facility Gym B			
Jan 30, 2025	Thu	Regular Season 3-1 W	Central Valley Academy	7:00 PM	8:30 PM	Buddy Evans Gym (Strough MS)			L
Jan 31, 2025	Fri	Practice (Practice)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Feb 1, 2025	Sat	Regular Season 3-0 W	@ Herkimer	1:30 PM		Elementary School Gym	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Dart Circle Departure Date: Feb 1, 2025 Departure Time: 12:00 PM	NL
Feb 3, 2025	Mon	Regular Season 3-0 W	@ Westmoreland	7:00 PM	8:00 PM	Westmoreland H S	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: Stadium Support Departure Date: Feb 3, 2025 Departure Time: 4:30 PM	NL
Feb 4, 2025	Tue	Regular Season 0-3 L	@ Chittenango	7:00 PM	8:30 PM	Chittenango HS- Large Gym	Bus/Driver: First Student- Stacey- 347.635.2146	Departure Point: Stadium Support Departure Date: Feb 4, 2025 Departure Time: 4:00 PM	L
Feb 5, 2025	Wed	Practice (Practice @ Strough)	N/A	6:00 PM	8:00 PM	Buddy Evans Gym (Strough MS)			
Feb 6, 2025	Thu	Practice (Practice @ Strough)	N/A	3:00 PM	5:00 PM	Buddy Evans Gym (Strough MS)			
Feb 7, 2025	Fri	Practice (Practice @ Strough)	N/A	6:00 PM	8:00 PM	Buddy Evans Gym (Strough MS)			
Feb 8, 2025	Sat	Regular Season 3-2 W	Oneida	12:30 PM	2:30 PM	Buddy Evans Gym (Strough MS)			L
Feb 10, 2025	Mon	Practice (Practice @ Strough)	N/A	6:00 PM	8:00 PM	Buddy Evans Gym (Strough MS)			
Feb 11, 2025	Tue	Regular Season 0-3 L	@ Utica Proctor	7:00 PM	8:30 PM	PHS AUX Gym (Volleyball gym)	Bus/Driver: First Student- Ricky- 315.271.3315	Departure Point: Stadium Support Departure Date: Feb 11, 2025 Departure Time: 4:10 PM	L
Feb 12, 2025	Wed	Practice (Practice @ Strough)	N/A	6:00 PM	8:00 PM	Buddy Evans Gym (Strough MS)			
Feb 13, 2025	Thu	Regular Season 3-2 W	Vernon-Verona-Sherrill	7:00 PM	8:30 PM	Buddy Evans Gym (Strough MS)			L
POSTPONED Feb 18, 2025	Tue	Regular Season	Chittenango	2:00 PM	3:30 PM	Buddy Evans Gym (Strough MS)			L

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Feb 19, 2025	Wed	Regular Season	@ Canastota	5:15 PM		Laidlaw Gym	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: Stadium Support Departure Date: Feb 6, 2025 Departure Time: 2:30 PM	L
Feb 20, 2025	Thu	Regular Season	@ Sauquoit Valley	5:30 PM		MS Gym	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Dart Circle Departure Date: Feb 20, 2025 Departure Time: 2:30 PM	NL
Feb 21, 2025	Fri	Regular Season	Canastota	5:00 PM		Strough M S			L
Feb 21, 2025	Fri	Regular Season	Mount Markham	6:30 PM		Buddy Evans Gym (Strough MS)		Departure Point: Stadium Support	L
Feb 22, 2025	Sat	Practice (Practice @ Strough)	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Feb 22, 2025	Sat	Regular Season (Varsity Tournament)	Canastota, Sauquoit Valley, Central Valley Academy, Little Falls, Chittenango, Oneida, Utica Proctor @ Vernon-Verona-Sherrill	9:00 AM		VVS MS Gym, VVS Main Gym (The Pit), VVS Volleyball Gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Stadium Support Departure Time: 8:25 AM	NL
Feb 24, 2025	Mon	Post-Season	@ Utica Proctor	6:00 PM		PHS AUX Gym (Volleyball gym)	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: Stadium Support Departure Date: Feb 24, 2025 Departure Time: 4:30 PM	NL
Mar 11, 2025	Tue	Practice (End of Season Banquet)	N/A	4:30 PM	7:00 PM	Buddy Evans Gym (Strough MS)			

Date: 2025-12-05