



Rome Free Academy

(B) V Volleyball

Coaches:

- Patrick Herron

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Nov 27, 2023	Mon	Practice (Tryouts Day 1)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
CANCELLED Nov 28, 2023	Tue	Practice (Tryouts Day 2)	N/A	7:00 PM	9:00 PM	RFA Auxilliary Gym			
Nov 29, 2023	Wed	Practice (Tryouts Day 3)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
CANCELLED Nov 30, 2023	Thu	Practice (Practice)	N/A	7:00 PM	9:00 PM	RFA Auxilliary Gym			
Dec 1, 2023	Fri	Practice (Parent Meeting)	N/A	6:30 PM	6:55 PM	Rome Free Academy Small Auditorium			
Dec 1, 2023	Fri	Practice (Practice)	N/A	7:00 PM	9:00 PM	RFA Auxilliary Gym			
Dec 2, 2023	Sat	Practice	N/A	8:00 AM	9:00 AM	Buddy Evans Gym (Strough MS)			
Dec 4, 2023	Mon	Practice (Practice)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
Dec 5, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
Dec 6, 2023	Wed	Practice (Practice)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
Dec 7, 2023	Thu	Practice (Practice)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
Dec 8, 2023	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
Dec 9, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Dec 11, 2023	Mon	Practice (Practice)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
Dec 12, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
POSTPONED Dec 13, 2023	Wed	Practice (Practice)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
Dec 14, 2023	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			

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Dec 15, 2023	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	RFA Auxilliary Gym			
Dec 16, 2023	Sat	Scrimmage (Early Bird Scrimmage)	Central Valley Academy, Chittenango, Little Falls, Oneida, Utica Proctor, Vernon-Verona-Sherrill, Westmoreland, Sauquoit Valley, Catskill, Voorheesville, Mount Markham @ Canastota	9:30 AM	4:30 PM	Laidlaw Gym, Dimao Gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: RFA Dart Circle Departure Date: Dec 16, 2023 Departure Time: 8:30 AM	NL
Dec 18, 2023	Mon	Practice (Practice)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
Dec 19, 2023	Tue	Regular Season 3-0 W	Herkimer	7:00 PM		Buddy Evans Gym (Strough MS)			NL
Dec 20, 2023	Wed	Practice (Practice)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
Dec 21, 2023	Thu	Regular Season 0-3 L	@ Utica Proctor	7:00 PM	8:30 PM	PHS AUX Gym (Volleyball gym)	Bus/Driver: RCSD- Marnie (315)335-2667	Departure Point: RFA Dart Circle Departure Date: Dec 21, 2023 Departure Time: 5:55 PM	L
Dec 22, 2023	Fri	Practice (Holiday Practice with the Girls Varsity)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Dec 28, 2023	Thu	Practice	N/A	10:00 AM	12:00 PM	Buddy Evans Gym (Strough MS)			
Jan 2, 2024	Tue	Practice (Practice)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
Jan 3, 2024	Wed	Practice (Practice)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
Jan 4, 2024	Thu	Regular Season 0-3 L	@ Sauquoit Valley	6:00 PM		MS Gym	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Dart Circle Departure Date: Jan 4, 2024 Departure Time: 4:45 PM	NL
Jan 5, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
Jan 8, 2024	Mon	Regular Season 3-1 W	Westmoreland	7:00 PM		Buddy Evans Gym (Strough MS)			NL

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CANCELLED Jan 9, 2024	Tue	Practice (Practice)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
Jan 10, 2024	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
Jan 11, 2024	Thu	Regular Season 1-3 L	Central Valley Academy	5:30 PM	7:00 PM	Buddy Evans Gym (Strough MS)			L
Jan 12, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	RFA Auxilliary Gym			
Jan 13, 2024	Sat	Regular Season 1-3 L	Vernon-Verona-Sherrill	11:30 AM		Buddy Evans Gym (Strough MS)			L
Jan 15, 2024	Mon	Practice	N/A	9:00 AM	10:30 PM	RFA Auxilliary Gym			
Jan 16, 2024	Tue	Regular Season 1-3 L	@ Central Valley Academy	7:00 PM	9:30 PM	Gregory B. Jarvis Middle School gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: RFA Dart Circle Departure Date: Jan 16, 2024 Departure Time: 5:45 PM	L
Jan 17, 2024	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
Jan 18, 2024	Thu	Regular Season 0-3 L	Chittenango	7:00 PM	8:30 PM	Buddy Evans Gym (Strough MS)			L
Jan 19, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	RFA Auxilliary Gym			
Jan 22, 2024	Mon	Practice (Practice)	N/A	3:45 PM	5:30 PM	Buddy Evans Gym (Strough MS)			
Jan 23, 2024	Tue	Regular Season 3-0 W	@ Canastota	4:00 PM	5:00 PM	Laidlaw Gym	Bus/Driver: RCSD- Brian (315)878-2706	Departure Point: RFA Dart Circle Departure Date: Jan 23, 2024 Departure Time: 2:45 PM	L
Jan 24, 2024	Wed	Practice (Practice)	N/A	2:45 PM	4:30 PM	Buddy Evans Gym (Strough MS)			
Jan 25, 2024	Thu	Regular Season 3-1 W	@ Oneida	7:00 PM	8:30 PM	Fariel Gym	Bus/Driver: F/S - Danielle S. bus 9178 p#202-390-2722	Departure Point: RFA Dart Circle Departure Date: Jan 25, 2024 Departure Time: 5:45 PM	L
POSTPONED Jan 26, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
POSTPONED Jan 27, 2024	Sat	Regular Season	Mount Markham	2:00 PM	3:45 PM	Buddy Evans Gym (Strough MS)			NL

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Jan 30, 2024	Tue	Practice (Practice)	N/A	5:30 PM	7:30 PM	Stadium Support Facility Gym B			
Jan 31, 2024	Wed	Regular Season 3-0 W	Little Falls	7:00 PM		Buddy Evans Gym (Strough MS)			NL
Feb 1, 2024	Thu	Practice (Practice)	N/A	4:30 PM	6:30 PM	Buddy Evans Gym (Strough MS)			
Feb 2, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
Feb 3, 2024	Sat	Regular Season 3-0 W	Utica Proctor	11:30 AM		Buddy Evans Gym (Strough MS)			L
Feb 5, 2024	Mon	Practice (Practice)	N/A	5:00 PM	7:00 PM	RFA Auxilliary Gym			
Feb 6, 2024	Tue	Regular Season 0-3 L	@ Vernon-Verona-Sherrill	7:00 PM	8:30 PM	VVS MS Gym	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: RFA Dart Circle Departure Date: Feb 6, 2024 Departure Time: 6:10 PM	L
Feb 7, 2024	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
Feb 8, 2024	Thu	Regular Season 0-3 L	@ Chittenango	7:00 PM	8:30 PM	Chittenango HS- Large Gym	Bus/Driver: RCSD- Marnie (315)335-2667	Departure Point: RFA Dart Circle Departure Date: Feb 8, 2024 Departure Time: 5:30 PM	L
Feb 9, 2024	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
Feb 10, 2024	Sat	Practice (Practice)	N/A	9:00 AM	11:00 AM	Buddy Evans Gym (Strough MS)			
Feb 12, 2024	Mon	Regular Season 3-1 W	Canastota	7:00 PM	8:30 PM	Buddy Evans Gym (Strough MS)			L
Feb 13, 2024	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
Feb 14, 2024	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	RFA Auxilliary Gym			
Feb 15, 2024	Thu	Regular Season 1-3 L	Oneida	5:00 PM	8:30 PM	Buddy Evans Gym (Strough MS)			L
Feb 19, 2024	Mon	Practice (Practice)	N/A	8:00 AM	10:00 AM	RFA Auxilliary Gym			

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Feb 20, 2024	Tue	Regular Season 3-0 W	@ Cincinnatus	12:00 PM		Cincinnatus Gymnasium	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: RFA Dart Circle Departure Date: Feb 20, 2024 Departure Time: 10:15 AM	NL
Feb 23, 2024	Fri	Practice (Practice)	N/A	9:00 AM	11:00 AM	RFA Main Gym			
Feb 24, 2024	Sat	Regular Season (End of Season Tournament)	Chittenango, Central Valley Academy, Little Falls, Oneida, Canastota, Utica Proctor, Sauquoit Valley @ Vernon-Verona-Sherrill	9:00 AM		VVS MS Gym, VVS Main Gym (The Pit), VVS Volleyball Gym	Bus/Driver: RCSD-Chris W (315)240-7035	Departure Point: RFA Dart Circle Departure Time: 8:20 AM	L
Feb 26, 2024	Mon	Post-Season (Sectional)	@ Utica Proctor	6:00 PM	8:00 PM	PHS Main Gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: 95 Dart Circle Departure Time: 4:45 PM	L
Feb 27, 2024	Tue	Post-Season (Semifinals @ Chittenango)	@ TBD	TBD		TBD	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: Dart Circle Departure Time: 4:15 PM	NL

Date: 2024-05-17