



Rome Free Academy

(B) JV Volleyball

Coaches:

- Patrick Herron

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 1, 2025	Mon	Practice (Tryouts Day 1)	N/A	2:45 PM	4:45 PM	Buddy Evans Gym (Strough MS)			
Dec 2, 2025	Tue	Practice (Tryouts Day 2)	N/A	6:30 PM	8:30 PM	Buddy Evans Gym (Strough MS)			
Dec 3, 2025	Wed	Practice (Tryouts Day 3)	N/A	6:30 PM	8:30 PM	Buddy Evans Gym (Strough MS)			
Dec 4, 2025	Thu	Practice (Practice)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Dec 5, 2025	Fri	Practice (Practice)	N/A	4:00 PM	6:30 PM	Buddy Evans Gym (Strough MS)			
Dec 8, 2025	Mon	Practice (Practice)	N/A	6:30 PM	8:30 PM	Buddy Evans Gym (Strough MS)			
Dec 9, 2025	Tue	Practice (Practice)	N/A	6:30 PM	8:30 PM	Buddy Evans Gym (Strough MS)			
Dec 10, 2025	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Dec 11, 2025	Thu	Practice (Practice)	N/A	3:00 PM	4:45 PM	Buddy Evans Gym (Strough MS)			
Dec 12, 2025	Fri	Regular Season	@ Westmoreland	5:30 PM		HS Gym		Departure Point: Stadium Support Departure Date: Dec 12, 2025 Departure Time: 4:40 PM	NL
Dec 15, 2025	Mon	Practice (Practice)	N/A	6:00 PM	8:00 PM	Buddy Evans Gym (Strough MS)			
Dec 16, 2025	Tue	Practice (Practice)	N/A	3:00 PM	4:45 PM	Buddy Evans Gym (Strough MS)			
Dec 17, 2025	Wed	Practice (Practice)	N/A	6:00 PM	8:00 PM	Buddy Evans Gym (Strough MS)			
Dec 18, 2025	Thu	Regular Season	@ Sauquoit Valley	5:30 PM		MS Gym	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: Stadium Support Departure Time: 4:30 PM	NL
Dec 27, 2025	Sat	Practice (Practice)	N/A	8:00 AM	10:00 AM	Buddy Evans Gym (Strough MS)			
Dec 29, 2025	Mon	Practice (Practice)	N/A	8:00 AM	10:00 AM	Buddy Evans Gym (Strough MS)			
Jan 3, 2026	Sat	Practice (Practice)	N/A	8:00 AM	10:00 AM	Buddy Evans Gym (Strough MS)			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 5, 2026	Mon	Practice (Practice)	N/A	6:00 PM	8:00 PM	Buddy Evans Gym (Strough MS)			
Jan 6, 2026	Tue	Regular Season	Westmoreland	5:30 PM		Buddy Evans Gym (Strough MS)			NL
Jan 7, 2026	Wed	Practice (Practice)	N/A	6:30 PM	8:30 PM	Buddy Evans Gym (Strough MS)			
Jan 8, 2026	Thu	Regular Season	Vernon-Verona-Sherrill	5:30 PM	7:00 PM	Strough M S			L
Jan 9, 2026	Fri	Practice (Practice)	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B			
Jan 10, 2026	Sat	Regular Season	@ Little Falls	11:30 AM		MS Gym	Bus/Driver: RCSD- Trent (714)471-5955	Departure Point: Stadium Support Departure Time: 10:10 AM	NL
Jan 12, 2026	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B			
Jan 13, 2026	Tue	Regular Season	@ Central Valley Academy	5:30 PM	7:00 PM	Gregory B. Jarvis Middle School gym		Departure Point: Stadium Support Departure Time: 4:20 PM	L
Jan 14, 2026	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B			
Jan 15, 2026	Thu	Practice (Practice)	N/A	3:00 PM	4:45 PM	Buddy Evans Gym (Strough MS)			
Jan 16, 2026	Fri	Regular Season	@ Oneida	5:30 PM	7:00 PM	Fariel Gym		Departure Point: Stadium Support Departure Time: 4:30 PM	L
Jan 19, 2026	Mon	Practice (Practice)	N/A	6:30 PM	8:30 PM	Buddy Evans Gym (Strough MS)			
Jan 20, 2026	Tue	Regular Season	Chittenango	5:30 PM	7:00 PM	Strough M S			L
Jan 21, 2026	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B			
Jan 22, 2026	Thu	Regular Season	Utica Proctor	5:30 PM	7:00 PM	Strough M S			L
Jan 23, 2026	Fri	Practice (Practice)	N/A	7:00 PM	9:00 PM	Buddy Evans Gym (Strough MS)			
Jan 26, 2026	Mon	Practice (Practice)	N/A	4:00 PM	6:00 PM	Buddy Evans Gym (Strough MS)			
Jan 27, 2026	Tue	Regular Season	Canastota	5:30 PM		Buddy Evans Gym (Strough MS)			NL
Jan 28, 2026	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	Stadium Support Facility Gym B			
Jan 29, 2026	Thu	Practice (Practice)	N/A	3:00 PM	4:45 PM	Buddy Evans Gym (Strough MS)			

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Jan 29, 2026	Thu	Regular Season	@ Cincinnatus	5:00 PM		Cincinnatus Gymnasium		Departure Point: Stadium Support Departure Time: 3:00 PM	NL
Jan 30, 2026	Fri	Practice (Practice)	N/A	3:00 PM	5:00 PM	Stadium Support Facility Gym B			
Feb 2, 2026	Mon	Practice (Practice)	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B			
Feb 3, 2026	Tue	Regular Season	@ Vernon-Verona-Sherrill	5:30 PM	7:00 PM	VVS MS Gym		Departure Point: Stadium Support Departure Time: 4:30 PM	L
Feb 4, 2026	Wed	Practice (Practice)	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B			
Feb 5, 2026	Thu	Regular Season	Central Valley Academy	5:30 PM	7:00 PM	Strough M S			L
Feb 6, 2026	Fri	Practice (Practice)	N/A	3:00 PM	5:00 PM	Stadium Support Facility Gym B			
Feb 7, 2026	Sat	Practice (Practice)	N/A	8:00 AM	10:00 AM	Buddy Evans Gym (Strough MS)			
Feb 9, 2026	Mon	Regular Season	Oneida	5:30 PM	7:00 PM	Strough M S			L
Feb 10, 2026	Tue	Practice (Practice)	N/A	3:00 PM	5:00 PM	Stadium Support Facility Gym B			
Feb 11, 2026	Wed	Regular Season	@ Chittenango	5:30 PM	6:40 PM	Chittenango HS- Large Gym		Departure Point: Stadium Support Departure Time: 4:05 PM	L
Feb 12, 2026	Thu	Practice (Practice)	N/A	3:00 PM	5:00 PM	Stadium Support Facility Gym B			
Feb 13, 2026	Fri	Regular Season	@ Utica Proctor	5:30 PM	7:00 PM	PHS AUX Gym (Volleyball gym)		Departure Point: Stadium Support Departure Time: 4:25 PM	L

Date: 2025-12-05