



# Rome Free Academy

## (B) V Wrestling

### Coaches:

- Ty Knamm, Head Coach
- Norm Gagnon

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 24, 2021	Wed	Scrimmage	@ Adirondack	9:00 AM	11:00 AM	HS Gym	<b>Bus/Driver:</b> First student - Steve 315-795-7403	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 8:00 AM	NL
CANCELLED Nov 26, 2021	Fri	Practice	N/A	9:00 AM	11:00 AM	Strough Middle School Small Gymnasium			
Dec 1, 2021	Wed	Regular Season	@ Holland Patent	6:00 PM	8:00 PM	HS Gym	<b>Bus/Driver:</b> RCSD/Justin 315-335-8742	<b>Departure Point:</b> 95d <b>Departure Time:</b> 4:30 PM	L
Dec 4, 2021	Sat	Regular Season (Captain Bailey Wrestling Tournament )	@ TBD	9:30 AM		TBD	<b>Bus/Driver:</b> RCSD/Marnie 315-335-2667	<b>Departure Point:</b> 95 d <b>Departure Time:</b> 7:15 AM	NL
Dec 8, 2021	Wed	Regular Season	Camden	6:00 PM		RFA Main Gym			L
Dec 11, 2021	Sat	Regular Season (weigh Ins 7:30am-9:30am, Coaches meeting 9:15am )	Fulton, Indian River, Watertown, Cazenovia @ Jamesville-Dewitt (JD/CBA/Solvay/WH)	9:30 AM	5:00 PM	JD HS Main Gym	<b>Bus/Driver:</b> RCSD/Trent 714-471-5955	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 7:00 AM	NL
Dec 22, 2021	Wed	Regular Season	@ Baldwinsville	7:00 PM	9:00 PM	Bville - Baker Gym 1&2	<b>Bus/Driver:</b> RCSD/Marnie 315-335-2667	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:45 PM	NL
Dec 30, 2021	Thu	Regular Season (Queensbury Holiday Tournament)	Hudson Falls, Shaker High School, Hadley-Luzerne, Lake George (Warrensburg/Lake George), Glens Falls, Salem (Salem-Cambridge), Schuylerville (Schuylerville/Greenwich), South Glens Falls, Cocksackie-Athens, Corinth (Mountaineers), Guilderland High School @ Queensbury	9:00 AM		Queensbury HS, Gold Gym	<b>Bus/Driver:</b> RCSD/Justin 315-335-8742	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 6:00 AM	NL
Jan 5, 2022	Wed	Regular Season (Senior Night) 21-36 L	Whitesboro	6:00 PM		RFA Main Gym			L
Jan 6, 2022	Thu	Regular Season	@ West Genesee	6:30 PM		WG-HS Lower Gym	<b>Bus/Driver:</b> RCSD/Marnie 315-335-2667	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:00 PM	NL
Jan 8, 2022	Sat	Regular Season (CVA Leo Sammon Wrestling Tournament )	@ TBD	10:00 AM		Central Valley Academy High School	<b>Bus/Driver:</b> RCSD/Justin 315-335-8742	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 7:15 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 12, 2022	Wed	Regular Season	@ Vernon-Verona-Sherrill	6:00 PM		VVS Main Gym (The Pit)	<b>Bus/Driver:</b> First Student - Steve P. 315-630-0372	<b>Departure Point:</b> 95 d <b>Departure Time:</b> 4:30 PM	L
Jan 13, 2022	Thu	Regular Season	@ Central Valley Academy	6:00 PM		CVA Main Gym	<b>Bus/Driver:</b> RCSD/Trent 714-471-5955	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:00 PM	L
Jan 15, 2022	Sat	Regular Season (Fayetteville Manlius Wrestling Duals )	@ TBD	10:00 AM		Fayetteville Manlius High School Fields	<b>Bus/Driver:</b> RCSD/Justin 315-335-8742	<b>Departure Point:</b> 95 d <b>Departure Time:</b> 6:30 AM	NL
Jan 21, 2022	Fri	Regular Season (Mustang Duals Tournament @Mount Markham)	Cooperstown (Cooperstown/Milford), Cazenovia, Dolgeville, Fayetteville-Manlius, Holland Patent, New Hartford, Poland, Unatego (UVUF) @ Mount Markham	4:00 PM		MS Blue Gym	<b>Bus/Driver:</b> First Student - Richard 315-317-3149	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 3:30 PM	L
Jan 21, 2022	Fri	Regular Season ( Duals at Mt Markham)	@ Mount Markham	4:00 PM		MS Blue Gym	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 3:30 PM	L
Jan 22, 2022	Sat	Regular Season (Mustang Duals Tournament @ Mount Markham)	Cooperstown (Cooperstown/Milford), Cazenovia, Dolgeville, Fayetteville-Manlius, Holland Patent, New Hartford, Poland, Unatego (UVUF) @ Mount Markham	8:00 AM		MS Blue Gym	<b>Bus/Driver:</b> RCSD/Justin 315-335-8742	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 7:30 AM	L
Jan 22, 2022	Sat	Regular Season ( Duals at Mt Markham)	@ TBD	9:00 AM		TBD			L
Jan 26, 2022	Wed	Regular Season	New Hartford	6:00 PM		RFA Main Gym			L
Jan 29, 2022	Sat	Regular Season (Walt Peterson Invitational )	@ Avoca	9:00 AM		Avoca School	<b>Bus/Driver:</b> No Transportation Needed	<b>Departure Point:</b> No Transportation needed	NL
Feb 5, 2022	Sat	Regular Season (To Liverpool HS)	@ TBD	TBD		Henninger H S	<b>Bus/Driver:</b> First Student - Terry 315-617-2947	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 7:00 AM	L
CANCELLED Feb 8, 2022	Tue	Practice (Practice at ADK)	N/A	TBD		TBD		<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 2:30 PM	
CANCELLED Feb 10, 2022	Thu	Practice (Practice at ADK)	N/A	TBD		TBD		<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 2:30 PM	
Feb 12, 2022	Sat	Regular Season (To OCC SRC Arena)	@ TBD	TBD		Onondaga Community College SRC Arena	<b>Bus/Driver:</b> RCSD/Trent 714-471-5955	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 6:45 AM	L

Date: 2026-01-21