



Rome Free Academy

(B) V Wrestling

Coaches:

- Ty Knamm, Head Coach
- Norm Gagnon

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 24, 2021	Wed	Scrimmage	@ Adirondack	9:00 AM	11:00 AM	HS Gym	Bus/Driver: First student - Steve 315-795-7403	Departure Point: 95 Dart Circle Departure Time: 8:00 AM
CANCELLED Nov 26, 2021	Fri	Practice	N/A	9:00 AM	11:00 AM	Strough Middle School Small Gymnasium		
Dec 1, 2021	Wed	Regular Season	@ Holland Patent	6:00 PM	8:00 PM	HS Gym	Bus/Driver: RCSD/Justin 315-335-8742	Departure Point: 95d Departure Time: 4:30 PM
Dec 4, 2021	Sat	Regular Season (Captain Bailey Wrestling Tournament)	@ TBD	9:30 AM		TBD	Bus/Driver: RCSD/Marnie 315-335-2667	Departure Point: 95 d Departure Time: 7:15 AM
Dec 8, 2021	Wed	Regular Season	Camden	6:00 PM		RFA Main Gym		L
Dec 11, 2021	Sat	Regular Season (weigh Ins 7:30am-9:30am, Coaches meeting 9:15am)	Fulton, Indian River, Watertown, Cazenovia @ Jamesville-Dewitt (JD/CBA/Solvay/WH)	9:30 AM	5:00 PM	JD HS Main Gym	Bus/Driver: RCSD/Trent 714-471-5955	Departure Point: 95 Dart Circle Departure Time: 7:00 AM
Dec 22, 2021	Wed	Regular Season	@ Baldwinsville	7:00 PM	9:00 PM	Bville - Baker Gym 1&2	Bus/Driver: RCSD/Marnie 315-335-2667	Departure Point: 95 Dart Circle Departure Time: 4:45 PM
Dec 30, 2021	Thu	Regular Season (Holiday Tournament)	Hudson Falls, Shaker High School, Hadley-Luzerne, Lake George (Warrensburg/Lake George), Glens Falls, Salem (Salem-Cambridge), Schuylerville (Schuylerville/Greenwich), South Glens Falls, Coxsackie-Athens, Corinth (Mountaineers), Guilderland High School @ Queensbury	9:00 AM		Queensbury HS, Gold Gym	Bus/Driver: RCSD/Justin 315-335-8742	Departure Point: 95 Dart Circle Departure Time: 6:00 AM
Jan 5, 2022	Wed	Regular Season (Senior Night) 21-36 L	Whitesboro	6:00 PM		RFA Main Gym		L
Jan 6, 2022	Thu	Regular Season	@ West Genesee	6:30 PM		WG-HS Lower Gym	Bus/Driver: RCSD/Marnie 315-335-2667	Departure Point: 95 Dart Circle Departure Time: 4:00 PM
Jan 8, 2022	Sat	Regular Season (CVA Leo Sammon Wrestling Tournament)	@ TBD	10:00 AM		Central Valley Academy High School	Bus/Driver: RCSD/Justin 315-335-8742	Departure Point: 95 Dart Circle Departure Time: 7:15 AM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Jan 12, 2022	Wed	Regular Season	@ Vernon-Verona-Sherrill	6:00 PM		VVS Main Gym (The Pit)	Bus/Driver: First Student - Steve P. 315-630-0372	Departure Point: 95 d Departure Time: 4:30 PM L
Jan 13, 2022	Thu	Regular Season	@ Central Valley Academy	6:00 PM		CVA Main Gym	Bus/Driver: RCSD/Trent 714-471-5955	Departure Point: 95 Dart Circle Departure Time: 4:00 PM L
Jan 15, 2022	Sat	Regular Season (Fayetteville Manlius Wrestling Duals)	@ TBD		10:00 AM	Fayetteville Manlius High School Fields	Bus/Driver: RCSD/Justin 315-335-8742	Departure Point: 95 d Departure Time: 6:30 AM NL
Jan 21, 2022	Fri	Regular Season (Mustang Duals Tournament @Mount Markham)	Cooperstown (Cooperstown/Milford), Cazenovia, Dolgeville, Fayetteville-Manlius, Holland Patent, New Hartford, Poland, Unatego (UVUF) @ Mount Markham		4:00 PM	MS Blue Gym	Bus/Driver: First Student - Richard 315-317-3149	Departure Point: 95 Dart Circle Departure Time: 3:30 PM L
Jan 21, 2022	Fri	Regular Season (Duals at Mt Markham)	@ Mount Markham	4:00 PM		MS Blue Gym	Bus/Driver: First Student	Departure Point: 95 Dart Circle Departure Time: 3:30 PM L
Jan 22, 2022	Sat	Regular Season (Mustang Duals Tournament @ Mount Markham)	Cooperstown (Cooperstown/Milford), Cazenovia, Dolgeville, Fayetteville-Manlius, Holland Patent, New Hartford, Poland, Unatego (UVUF) @ Mount Markham		8:00 AM	MS Blue Gym	Bus/Driver: RCSD/Justin 315-335-8742	Departure Point: 95 Dart Circle Departure Time: 7:30 AM L
Jan 22, 2022	Sat	Regular Season (Duals at Mt Markham)	@ TBD	9:00 AM		TBD		L
Jan 26, 2022	Wed	Regular Season	New Hartford	6:00 PM		RFA Main Gym		L
Jan 29, 2022	Sat	Regular Season (Walt Peterson Invitational)	@ Avoca	9:00 AM		Avoca School	Bus/Driver: No Transportation Needed	Departure Point: No Transportation needed NL
Feb 5, 2022	Sat	Regular Season (To Liverpool HS)	@ TBD		TBD	Henninger H S	Bus/Driver: First Student - Terry 315-617-2947	Departure Point: 95 Dart Circle Departure Time: 7:00 AM L
CANCELLED Feb 8, 2022	Tue	Practice (Practice at ADK)	N/A		TBD	TBD		Departure Point: 95 Dart Departure Time: 2:30 PM
CANCELLED Feb 10, 2022	Thu	Practice (Practice at ADK)	N/A		TBD	TBD		Departure Point: 95 Dart Departure Time: 2:30 PM
Feb 12, 2022	Sat	Regular Season (To OCC SRC Arena)	@ TBD		TBD	Onondaga Community College SRC Arena	Bus/Driver: RCSD/Trent 714-471-5955	Departure Point: 95 Dart Circle Departure Time: 6:45 AM L

Date: 2026-01-21