



Rome Free Academy

(B) V Wrestling

Coaches:

- Ty Knamm, Head Coach
- Robert Romeo, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 6, 2023	Wed	Regular Season	@ Central Valley Academy	6:00 PM		CVA Wrestling Room	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: RFA Bus Loop Departure Time: 4:00 PM	L
Dec 13, 2023	Wed	Regular Season	New Hartford	6:00 PM		RFA Main Gym			L
Dec 16, 2023	Sat	Meet (Cato Duals)	Vs. Multiple	9:30 AM		Cato-Meridian Jr. Sr H S Gym			NL
Dec 16, 2023	Sat	Regular Season (Cato-Meridian Dual Tournament)	East Syracuse Minoa, Sherburne-Earlville, Auburn, Norwich @ Cato-Meridian ((Port Byron/Union Springs/Jordan-Elbridge/Cato-Meridian))	9:30 AM		Cato-Meridian Jr. Sr H S Gym	Bus/Driver: First Student - Alex R 315-225-6698	Departure Point: 95 Dart Circle Departure Time: 6:15 AM	L
Dec 30, 2023	Sat	Regular Season	@ Cooperstown (Cooperstown/Milford)	TBD		Bursey Gymnasium	Bus/Driver: First Student	Departure Point: Dart Circle Departure Time: 6:30 AM	L
Jan 6, 2024	Sat	Regular Season (TVL Quad Meet)	Camden, Vernon-Verona-Sherrill @ Whitesboro	1:00 PM	5:00 PM	Whitesboro High School Gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Dart Circle Departure Time: 11:30 AM	L
CANCELLED Jan 6, 2024	Sat	Regular Season (Canastota Dual meets)	@ TBD	TBD		TBD			L
CANCELLED Jan 9, 2024	Tue	Regular Season (1st Round Sectional Dual Meet)	@ TBD	TBD		TBD			NL
Jan 11, 2024	Thu	Regular Season	@ Holland Patent	6:00 PM		HS Gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Dart Circle Departure Time: 5:00 PM	L
Jan 13, 2024	Sat	Regular Season (Mid Winter Classic)	Canton, Carthage, Chenango Valley, Cicero-North Syracuse, Jamesville-Dewitt (JD/CBA/Solvay), Syracuse City (Syracuse City), Tunkhannock, West Genesee, Liverpool, Central Square @ Phoenix	9:00 AM	5:00 PM	JCB Gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Dart Circle Departure Time: 6:00 AM	NL
Jan 17, 2024	Wed	Regular Season	@ Auburn	6:30 PM		Auburn HS - Game Gyms 1,2,3	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Dart Circle Departure Time: 3:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 20, 2024	Sat	Regular Season (Wrestling Duals)	@ West Genesee	TBD		WG-HS Lower Gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Dart Circle Departure Time: 6:45 AM	L
Jan 25, 2024	Thu	Regular Season	@ Herkimer	6:00 PM		HS Gym	Bus/Driver: RCSD- Chris W (315)240-7035	Departure Point: Dart Circle Departure Time: 4:00 PM	NL
Feb 3, 2024	Sat	Regular Season (Class Tournament)	@ TBD	TBD		Jamesville Dewitt High School	Bus/Driver: F/S - Alex R. bus 9145 p#315-225-6698	Departure Point: Dart Circle Departure Time: 7:00 AM	NL

Date: 2024-05-04