



Rome Free Academy

(G) V Winter Track

Coaches:

- Theodore Swavely, Asst Coach
- Diane Stevenson, Asst Coach
- Nicholas Jeror, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 14, 2024	Sat	Regular Season (Mohawk V Kickoff)	@ TBD	3:00 PM		Onondaga Community College SRC Arena	Bus/Driver: First Student-Stacey-347.635.2146	Departure Point: RFA Dart Circle Departure Date: Dec 14, 2024 Departure Time: 1:00 PM	NL
Dec 17, 2024	Tue	Regular Season (Oscar Jensen Relays)	@ TBD	4:30 PM		Hamilton College	Bus/Driver: First Student-Danyelle-202.390.2722	Departure Point: RFA Dart Circle Departure Date: Dec 17, 2024 Departure Time: 3:15 PM	NL
Dec 21, 2024	Sat	Regular Season (MVITA)	@ TBD	3:00 PM		Onondaga Community College SRC Arena	Bus/Driver: First Student-Sandra 315.334.7029	Departure Point: RFA Dart Circle Departure Date: Dec 21, 2024 Departure Time: 1:00 PM	NL
Dec 26, 2024	Thu	Practice	N/A	8:30 AM	10:30 AM	RFA Indoor Running Track			
Dec 27, 2024	Fri	Practice	N/A	8:30 AM	10:30 AM	RFA Indoor Running Track			
Jan 2, 2025	Thu	Practice	N/A	8:30 AM	10:30 AM	RFA Indoor Running Track			
Jan 3, 2025	Fri	Regular Season (John DiMao Meet)	@ TBD	2:00 PM		Colgate University	Bus/Driver: RCSD- Matt-315.338.1905	Departure Point: RFA Dart Circle Departure Date: Jan 3, 2025 Departure Time: 12:30 PM	NL
Jan 10, 2025	Fri	Regular Season (Utica Challenge)	@ TBD	5:00 PM		UTICA University	Bus/Driver: RCSD- Matt-315.338.1905	Departure Point: RFA Dart Circle Departure Date: Jan 10, 2025 Departure Time: 4:00 PM	NL
Jan 18, 2025	Sat	Regular Season (Art McKinnon Meet)	@ TBD	3:00 PM		Onondaga Community College SRC Arena	Bus/Driver: First Student-Danyelle-202.390.2722	Departure Point: RFA Dart Circle Departure Date: Jan 18, 2025 Departure Time: 1:00 PM	NL
Jan 25, 2025	Sat	Regular Season (TVL/CSC Championship)	@ TBD	3:00 PM		Onondaga Community College SRC Arena	Bus/Driver: First Student-Jay-315.877.2547	Departure Point: RFA Dart Circle Departure Date: Jan 25, 2025 Departure Time: 1:00 PM	NL
Feb 6, 2025	Thu	Post-Season (Section 3 Championships)	@ TBD	4:30 PM		Onondaga Community College SRC Arena		Departure Point: RFA Dart Circle	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 7, 2025	Fri	Post-Season (Sectional Championship)	@ TBD	4:30 PM		Onondaga Community College SRC Arena	Bus/Driver: First Student-Danyelle-202.390.2722	Departure Point: RFA Dart Circle Departure Date: Feb 7, 2025 Departure Time: 2:30 PM	NL
Feb 11, 2025	Tue	Post-Season (State Qualifiers)	@ TBD	4:30 PM		Onondaga Community College SRC Arena		Departure Point: RFA Bus Loop	NL
Feb 24, 2025	Mon	Post-Season (Section 3 Elite Meet)	@ TBD	4:30 PM		Onondaga Community College SRC Arena		Departure Point: RFA Bus Loop	NL
Feb 25, 2025	Tue	Post-Season (State Quals)	@ TBD	4:30 PM		Onondaga Community College SRC Arena			NL
Mar 8, 2025	Sat	Post-Season (NYS Meet)	@ TBD	9:00 AM		Ocean Breeze Athletic Complex		Departure Point: RFA Dart Circle	NL

Date: 2025-12-28